

**Katherine Grein**  
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2734 Anzio Avenue  
South Bend, IN 46615

## Education

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### **Current: Doctoral Student**

Clinical Psychology and Peace Studies  
Advisor: Laura Miller-Graff, Ph.D.  
The University of Notre Dame

### **Bachelor of Arts, Psychology and English**

Minor: French  
Graduated Summa cum Laude  
St. Mary's College of Maryland

May 2013  
Cumulative GPA: 3.99

## Relevant Employment

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- 2015-present      **Graduate Assistant**  
University of Notre Dame, Department of Psychology
- 2013-2015        **Research Assistant**  
Center for the Study of Traumatic Stress, Henry Jackson Foundation  
Uniformed Services University of the Health Sciences, Department of  
Psychiatry
- 2012-2013        **Intern; Behavioral Analyst**  
The Kennedy Krieger Institute, Neurobehavioral Outpatient Unit
- 2010-2013        **Research Assistant**  
St. Mary's College of Maryland, Department of Psychology

## Peer-Reviewed Publications

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Miller-Graff, L.E., Howell, K. H., Martinez-Torteya, C., **Grein, K.** (under review). *The effect of behavioral problems and social support on children's social competence: Direct and indirect developmental pathways in children at-risk for maltreatment*. Child Psychiatry and Human Development.

Scrafford, K.E., **Grein, K.**, Miller-Graff, L.E. (under review). *Legacies of childhood victimization: Indirect effects on adult mental health through re-victimization*. Psychological Trauma: Theory, Research, Practice, and Policy.

**Grein, K.A.**, Glidden, L.M. (2014). Predicting well-being longitudinally for mothers rearing offspring with intellectual and developmental disabilities. *Journal of Intellectual Disability Research*. Early view online. doi: 10.1111/jir.12166

Glidden, L.M., **Grein, K.A.**, Ludwig, J.A.(2014). The Down syndrome advantage: It depends on what and when you measure. *American Journal on Intellectual and Developmental Disabilities*, 119 (5), 389-404.

Glidden, L. M., Ludwig, J. A., & **Grein, K. A.**, (2012). Transitions to adulthood: De- and re-construction. In: R. M. Hodapp (Ed.), *International Review of Research in Developmental Disabilities* (pp. 219–248). San Diego, CA: Academic Press Elsevier.

## **Presentations and Published Abstracts**

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Cozza, S., Fisher, J., Ortiz, C., Kaplow, J., Layne, C., Harrington-LaMorie, J., Zhou, J., Liu, A., **Grein, K.**, Fullerton, C., Ursano, R. (2014). *Effect of relationship-to-deceased and military pride on adaptive grief reactions in parentally bereaved children of U.S. service members*. [Poster Abstract]. International Society for Trauma Stress Studies 30<sup>th</sup> Annual Meeting Session Abstracts, 59.

**Grein, K.**, Glidden, L.M. (2013). *It's where you look and when: The value of multiple measures at multiple times*. Poster presented at the 46<sup>th</sup> Annual Gatlinburg Conference on Research and Theory in Intellectual and Developmental Disabilities.

- Awarded the Undergraduate Travel Award from the Gatlinburg Conference

**Grein, K.**, Dennison, R.P. (2012). *The role of Facebook in developing social relationships during the transition to adulthood*. Poster presented at the Society for Research in Child Development 2012 Themed Meeting: Transitions from Adolescence to Adulthood

**Grein, K.**, Ludwig, J., & Glidden, L.M. (2012). *What past tells of present: Predicting parental outcomes across 20 years*. [Poster Abstract]. Proceedings of the 45<sup>th</sup> Annual Gatlinburg Conference on Research and Theory in Intellectual and Developmental Disabilities, 78.

Ludwig, J., **Grein, K.**, Glidden, L. (2012). *The Down syndrome Advantage in the transition to adulthood*. [Poster Abstract]. Proceedings of the 45<sup>th</sup> Annual Gatlinburg Conference on Research and Theory in Intellectual and Developmental Disabilities, 134.

Glidden, L.M., **Grein, K.A.**, Ludwig, J.A., Powlison, M.B., & Painter, K.A. (2011). *Predicting parental perceptions of the transition to adulthood for sons and daughters with intellectual and developmental disabilities*. Paper presented at the 2011 Annual Convention of the American Psychological Association, Washington D.C.

Glidden, L., Powlison, M., Painter, K., Ludwig, J., **Grein, K.** (2011). Continuity and change in parent perceptions. [Paper Abstract]. Proceedings of the 44<sup>th</sup> Annual Gatlinburg Conference on Research and Theory in Intellectual and Developmental Disabilities, 116.

## **Professional and Research Experience**

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2015-present      **Graduate Research Assistant**  
*University of Notre Dame, Department of Psychology*  
*Building Resilience after Violence Exposure (B.R.A.V.E.) lab*  
**Research:**

**Domestic:** Investigate the effects of inter-partner violence (IPV) on health, mental health, parenting, and child outcomes in pregnant women and their young families. In partnership with community family health center, investigate relationships between past and current violence exposure, health and mental health, substance use, coping, and use of community health services.

**International:** Investigate intersections between political violence and domestic violence in a community in Palestine. Together with the Palestinian Counseling Center, develop and implement an family-based cognitive-behaviorally based intervention to reduce the impact of political violence on family relationships and emotional security.

**Responsibilities:** Recruit participants, conduct phone screens, and conduct interviews with mothers and children for domestic studies, supervise undergraduate research assistants conducting child interviews, conduct and supervise coding, and manage and analyze data. Assist in the development of intervention protocol and manual for the international study.

**Supervisor:** *Laura Miller-Graff, Ph.D.*

2013-2015

**Research Assistant**

***Center for the Study of Traumatic Stress***

**Research:** Investigated the longitudinal grief and mental health symptoms and coping of bereaved family members of U.S. military service members who have died on active duty since September 11<sup>th</sup>. Examined the impact of combat and other trauma exposure on anger and other symptoms in current U.S. military service members.

**Responsibilities:** Recruited, screened, and consented participants, created surveys, entered, organized, and managed collected data, coordinated with Field Researchers and scientists to track data and participant progress, organized information for IRB continuing review reports and protocol updates. Assisted collaborators at USUHS and Columbia University's Center for Complicated Grief in preparing grant proposal documents for the development of an online grief preventive intervention for the families of deceased service members.

**Supervisor:** *Stephen J. Cozza, M.D. ; Catherine Dempsey, Ph.D.;*  
*M.P.H/LTC Gary Wynn, Dr. Robert J. Ursano, M.D.*

2011-2013

**Research Assistant**

***St. Mary's College of Maryland, Department of Psychology***

**Research:** Examined risk, protective factors, identity development, and Social Networking use in adolescence and emerging adulthood. Investigated connections between general roles, parental marital conflict, and marital satisfaction in newly married couples.

**Responsibilities:** Conducted literature reviews, developed surveys, collected and analyzed data, and prepared professional presentations and developed manuscript drafts.

**Supervisor:** *Renée Dennison, Ph.D.*

2010-2013

**Research Assistant**

***St. Mary's College of Maryland, Department of Psychology***

**Research:** Investigated protective factors for parental well-being and mental health in a 23-year longitudinal study following birth and adoptive parents of children with intellectual and developmental disabilities.

**Responsibilities:** Created and maintained SPSS dataset for the most recent wave of data, conducted data analyses, and developed and tested hypotheses to present at psychological conferences and in manuscripts and book chapters.

**Supervisor:** Laraine Glidden, Ph.D.

### **Thesis (Undergraduate)**

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St. Mary's College of Maryland

September 2012 – May 2013

#### **“Literature and the Self: Perspective Change, Reflection, and the Relationship of Leisure Reading to Identity Development”**

- Conducted independent research examining possible impacts of leisure reading on the development of empathy, interpersonal relationships, and self-concept, utilizing elements of narrative, developmental, and social cognitive theories
- Conducted an extensive literature search, compiled relevant assessment measures, and developed and administered an on-line survey
- Analyzed quantitative data using factor analyses and regressions in SPSS
- Developed, conducted, and coded semi-structured interviews

### **Teaching and Service Experience**

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#### **Undergraduate**

2012-2013      **Vice President, Psi Chi (St. Mary's Chapter)**

2012            **First Year Seminar Peer Mentor**  
Ability and Disability

2010-2011     **Teaching Assistant**  
**Introductory Psychological Statistics**

### **Honors and Awards: St Mary's College of Maryland**

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Spring 2013     **St. Mary's Project (senior research) Award in Psychology**

Spring 2013     **Psychology Major Award**

Spring 2013     **Laraine Masters Glidden Undergraduate Travel Award**

Spring 2013     **Margaret Eagle Dixon Award in Literature**

Spring 2013-  
current          **Sigma Tau Delta** (English honor society) chapter member

Spring 2012-  
current          **Sigma Tau Delta** (English honor society) chapter member

Spring 2012-  
current          **Phi Beta Kappa** member

Spring 2011-  
current          **Psi Chi** (Psychology honor society) chapter member

2012-2013 **Senior St. Mary's Scholar**  
Spring 2012 **Margaret Floy Washburn Award** for superior understanding of  
research and experimentation in psychology  
Spring 2011 **Wilhelm Wundt Award** for excellence in quantitative and methodological  
coursework  
Spring 2011 **Weitzel Scholars Fund** to pursue summer research  
Fall 2009- **Dean's List**  
Spring 2013

#### **Additional Professional Activities**

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February  
26<sup>th</sup>, 2016 **Attended webinar entitled "The Unified Protocol: A Transdiagnostic  
Treatment for Emotional Disorders"**

- **Speaker: Todd Farchione, Ph.D.**
- **Location: University of Notre Dame**