**Emily VanDerBleek**

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Department of Psychology

118 Haggar Hall

University of Notre Dame

Notre Dame, IN 46556

**EDUCATION**

Ph.D. *In progress* University of Notre Dame

Advisor: Dr. Lee Anna Clark, Ph.D.

M.A. August 2016 University of Notre Dame

Advisor: Dr. Lee Anna Clark, Ph.D.

Thesis: A Dimensional Perspective on the Associations between Personality Disorder and Childhood Adversity

B.A. May 2013 Washington University in St. Louis

Psychology (Concentration: Experimental Psychopathology)

English Literature

**HONORS AND AWARDS**

University of Notre Dame Presidential Scholar (2013-present)

Graduate Research Award, Institute for Scholarship in the Liberal Arts (2018)

Graduate Travel Grant, Nanovic Institute for European Studies (2016)

Student Presentation Award, American Psychology-Law Society Annual Conference (2016)

1st Place, Social Sciences Division, Graduate Student Union Symposium (2016)

Department Nominee, Dolores Zohrab Liebmann Fellowship (2015)

Professional Development Award, Earnest Swarm Psychopathology Fund (2015)

Student Presentation Award, American Psychology-Law Society Annual Conference (2015)

Graduate Psycholegal Research Grant, American Psychology-Law Society (2014)

Graduate Research Award, Institute for Scholarship in the Liberal Arts (2014)

Graduate Research Award, Earnest Swarm Psychopathology Fund (2014)

Washington University Eliot Scholarship Recipient (2009-2013)

**PROFESSIONAL AFFILIATIONS**

American Psychological Association, Division 41 (2014-present)

Association for Behavioral and Cognitive Therapies (2015-present)

Association for Women in Science (2014-present)

Indiana Psychological Association (2015-present)

International Society for the Study of Personality Disorders (2016 – present)

Midwestern Psychological Association (2013-present)

The North American Society for the Study of Personality Disorders (2013-present)

Psi Chi Honor Society, student member (2012-present)

Sigma Tau Delta Honor Society, student member (2011-2013)

**RESEARCH EXPERIENCE**

Principal Investigator (April 2014-present)

* *An Examination of Attitudes about the Self and Life Experiences*, study of personality dysfunction, traumatic events, and legal offenses
* Supervisor: Dr. Lee Anna Clark, Ph.D.; Co-investigator: Elizabeth Daly, M.A.
* Design study and oversee data collection
* Run study sessions and conduct semi-structured life event interviews
* Train, supervise, and mentor undergraduate research assistants

Research Assistant, Center for Advanced Measurement of Personality and Psychopathology (August 2013-present)

* *Improving the Measurement of Personality,* longitudinal study of personality pathology and psychosocial functioning
* Principal Investigator: Dr. Lee Anna Clark, Ph.D.
* Run sessions and manage data
* Conduct semi-structured diagnostic and functioning interviews

Research Assistant, Radically Open Dialectical Behavior Therapy Institute (August 2016-present)

* Supervisors: Dr. Thomas Lynch, Ph.D., and Dr. Roelie Hempel, Ph.D.
* Assist with the development and dissemination of RO-DBT, an intervention for disorders of overcontrol
* Develop a standardized assessment of overcontrol for research and clinical purposes
* Attend intensive trainings with master clinicians in the USA, the UK, and France

Research Assistant, Personality Assessment Lab (March 2011 – December 2012)

* *St. Louis Personality and Aging Network*, longitudinal study focused on personality changes in the lifespan, psychopathology, health, and major life events
* Principal Investigator: Dr. Thomas Oltmanns, Ph.D., Washington University in St. Louis
* Managed and reviewed data from questionnaires, interviews, and informant reports
* Conducted cognitive tests and semi-structured life event interviews with study participants and analyzed responses
* Rated participants for psychopathology symptoms and positive functioning based on personality disorder interview data

Research Assistant, Digital Workshop in the Humanities (January – May 2012)

* Worked with the Spenser Archive to help create a complete digital collection of Edmund Spenser’s writing
* Managed and entered data in XML format, edited grant proposals, proofread and collated various editions of Spenser’s works
* Recipient of the Chancellor’s Award for Outstanding Contribution to Undergraduate Research

**PROFESSIONAL TRAINING AND SKILLS**

Practicum Student, Four County Counseling Center (August 2017-present)

* Supervisor: Dr. Jim Noll, Ph.D.
* Acute Care Unit: Therapist on inpatient psychiatric unit; duties include running Illness Management and Recovery and Dialectical Behavioral Therapy group sessions, meeting with patients individually, conducting assessments, and milieu therapy
* Compassionate Health Center: Outpatient therapist at integrated healthcare clinic for low-income patients

Couples Counselor, University of Notre Dame Marital Therapy Clinic (September 2015 – present)

* Supervisor: Dr. Dave Smith, Ph.D.
* Therapist for couples in the South Bend community
* Participated in biweekly seminar on empirically supported therapies (e.g., Integrative Behavioral Couple Therapy)

General Volunteer, Mind in Camden (February 2017 – August 2017)

* Volunteered with REST (Recovery Experience Sleeping Tablets and Tranquilisers) Service supporting individuals with benzodiazepine dependence
* Helped with support group for current and past benzodiazepine users

Intern, University of Notre Dame Clinical Law Center (August 2015 – August 2016)

* Supervisor: Dr. Michael Jenuwine, Ph.D., J.D.
* Legal Aid Clinic: Conducted court-ordered psychological evaluations and prepare integrated assessment reports
* Mediation Clinic: Acted as mediator in various legal disputes, including child custody and divorce cases

Practicum Student, VA Northern Indiana Healthcare System (June 2016 – August 2016)

* Supervisor: Dr. Nathaniel DeYoung, Ph.D.
* Conducted neuropsychological evaluations for veterans in the Fort Wayne area in outpatient and inpatient settings
* Interviewed clients, prepared integrated assessment reports, and gave feedback on assessment results

Practicum Student, Psychiatric & Psychological Specialties (December 2015 – June 2016)

* Supervisor: Dr. Chris Contardo, Ph.D.
* Conducted neuropsychological evaluations for a broad range of clients
* Prepared integrated assessment reports to inform healthcare decisions

Practicum Counselor, University Counseling Center (August 2014 – May 2015)

* Supervisors: Dr. Maureen Lafferty, Ed.D. and Dr. Anne Simons, Ph.D.
* Therapist for undergraduate and graduate students at the University of Notre Dame
* Attended weekly training meetings to develop competency in core therapeutic techniques

Forensic Assistant (August 2012 – May 2013)

* Supervisor: Dr. James Reid, Ph.D.
* Reviewed and summarized medical records, psychiatric records, and case files for use in Social Security disability cases
* Coded parent-child and therapist-child interactions for use in child custody cases
* Scored and interpreted psychological test results, including cognitive testing, personality testing, RFC assessments, and malingering scales

Assessing Psychopathy: Clinical and Forensic Applications of the Hare Psychopathy Checklist-Revised

* Training workshop in North Chicago, IL (April 17-18, 2015)
* Conducted by Adelle Forth, Ph.D., and David Kosson, Ph.D.

An Acceptance-Based Emotion Regulation Group Therapy for Deliberate Self-Harm

* Training workshop in South Bend, IN (October 17-18, 2014)
* Conducted by Kim Gratz, Ph.D., and Matt Tull, Ph.D.

Completed ethics training on research methods, including use of human subjects

Proficient in SPSS, SAS, and R Statistical Software

**PUBLICATIONS**

Clark, L. A., Shapiro, J., Daly, E., **Vanderbleek, E.N.**, Oiler, M., & Harrison, J. A. (in press).  Empirically validated diagnostic and assessment methods.  In W. J. Livesley (Ed.).  *Handbook of personality disorders,* 2nd ed. (pp. 337-361). New York: Guilford Press.

**Vanderbleek, E.N.**, & Gilbert, K. (2018). Too much versus too little control: The etiology, conceptualization and treatment implications of overcontrol and undercontrol. *The Behavior Therapist, 41*(3), 125-132.

Hempel, R., **Vanderbleek, E.N.**, & Lynch, T.R. (2018). Radically Open DBT: Targeting emotional loneliness in anorexia nervosa. *Eating Disorders: The Journal of Treatment & Prevention, 26*(1), 92-104.

**Vanderbleek, E.N.**, & Clark, L.A. (2018). Schedule for Nonadaptive & Adaptive Personality (SNAP). In J. Kreutzer, J. DeLuca, & B. Caplan (Eds.), *Encyclopedia of Clinical Neuropsychology* (2nd ed.). Springer.

**Vanderbleek, E.N.,** & Clark, L.A. (2017). Schedule for Nonadaptive & Adaptive Personality (SNAP). In V. Zeigler-Hill & T. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. Springer.

Clark, L. A., **Vanderbleek, E.N.**, Shapiro, J., Nuzum, H., Allen, X., Daly, E., Kingsbury, T., Oiler, M., & Ro, E.  (2015). The brave new world of personality disorder-trait specified: Effects of alternative definitions on prevalence and comorbidity*.* *Psychopathology Review, 2*(1), 52-82*.*

**CONFERENCE PRESENTATIONS**

**Vanderbleek, E.N.,** Nuzum, H., & Clark, L.A. (2018, April). *The Schedule for Personality Assessment from Notes and Documents (SPAN-DOC): Preliminary Results in a Sample of Psychiatric Outpatients*. Poster presented at the 6th Annual Conference of the North American Society for the Study of Personality Disorder. New York, NY.

Nuzum, H., Rakhshani, A., Daugherty, A**., Vanderbleek, E.N**., & Clark, L.A. (2017, September). *Validation of the Schedule for Personality Assessment from Notes and Documents (SPAN-DOC).* Poster presented at the 31st Annual Meeting of the Society for Research in Psychopathology. Denver, CO.

**Vanderbleek, E.N.**, & Clark, L.A. (2017, September). *A dimensional perspective on the associations between personality disorder and childhood adversity*. Presentation given at the 15th Congress of the International Society for the Study of Personality Disorders. Heidelberg, Germany.

**Vanderbleek, E.N.**, Downey, A., & Clark, L.A. (2016, March and 2016, April). *Investigating the link between childhood experience and adult antisocial behavior.* Poster presented at the 2016 Annual Conference of the American Psychology-Law Society. Atlanta, GA. Poster presented at the 2016 Annual Notre Dame Graduate Student Union Research Symposium. South Bend, IN.

Shapiro, J., Nuzum, H, **Vanderbleek, E.N.**, Ro, E., & Clark, L.A. (2015, October). *The validity of the clinical significance criterion in common psychological disorders*. Poster presented at the 29th Annual Meeting of the Society for Research in Psychopathology. New Orleans, LA.

**Vanderbleek, E.N.** (2015, May). *A trait-based approach to personality disorder and childhood maltreatment.* Presentation given at the 87th Annual Meeting of the Midwestern Psychological Association. Chicago, IL.

Deasey, P., Kaye, L., **Vanderbleek, E.N.**, Daly, E.J., & Carpenter, S. (2015, May). *Examining the associations among pathological personality traits, legal history, and quality of life.* Poster presented at the 87th Annual Meeting of the Midwestern Psychological Association. Chicago, IL.

Allen, X., **Vanderbleek, E.N.**, Biesen, J., & Clark, L.A. (2015, April). *Pathological personality traits and relationship satisfaction*. Poster presented at the 3rd Annual Conference of the North American Society for the Study of Personality Disorder.  Boston, MA. 

**Vanderbleek, E.N.,** & Clark L.A. (2015, March). *Associations between pathological personality traits and different types of legal offenses*. Poster presented at the 2015 Annual Conference of the American Psychology-Law Society. San Diego, CA.

**Vanderbleek, E.N.**, Clark, L. A., & Ro, E. (2014, May).  *Personality traits, legal history, and negative life events.*Poster presented at the 86th Annual Meeting of the Midwestern Psychological Association.  Chicago, IL.

**Vanderbleek, E.N.**, Clark, L. A., & Ro, E. (2014, April).  *Personality traits and legal issues.*  Poster presented at the 2nd Annual Conference of the North American Society for the Study of Personality Disorder.  Boston, MA.

**SERVICE**

**Professional Service**

Ad hoc reviewer: *Child Psychiatry and Human Development, European Journal of Applied Psychology*

American Psychology-Law Society: Campus Representative (September 2014 – August 2016)

Association for Behavioral and Cognitive Therapies: Child Maltreatment and Interpersonal Violence Special Interest Group (November 2015 – present)

Indiana Psychological Association: University Representative (September 2015 – present), Student Representative to the Science & Education Committee (October 2016 – present)

International Society for the Study of Personality Disorders: Student Board member, Congress Liaison (September 2016 – present)

**University Service**

Clinical Representative, Graduate Advisory Committee (August 2017-present)

Teaching Assistant, Psychology of Personality (Spring 2016)

* Guest lecturer: Psychopathy
* Developed test questions, held office hours, and graded student exams

Guest lecturer, Abnormal Psychology: Diagnosis & Assessment (Spring 2016)

Teaching Assistant, Abnormal Psychology (Spring 2015)

* Guest lecturer: Eating Disorders, Personality Disorders, Psychopathy
* Held office hours and graded student exams and papers
* Held exam review sessions

Washington University Alumni & Development (May – August 2012)

* Staffed reunion programs for over 1,000 alumni
* Developed fundraising plan to engage current students
* Interviewed distinguished alumni and wrote profiles to be used in university publications and on the Alumni & Development website

**Community Service**

Northern Indiana Regional Science and Engineering Fair (March 2016, March 2018)

* Volunteer judge for youth science fair

Center for Social Concerns (January 2016 – May 2016)

* Team leader for the Take Ten program
* Volunteer work at elementary schools in the South Bend area
* Develop lessons and lead weekly sessions teaching 3rd-5th grade children nonviolent approaches to conflict resolution

Alpha Phi Omega Fraternity (January 2011 – May 2013)

* Member of national co-ed community-service fraternity
* Service projects included Stray Rescue, Kid’s Place, Campus Kitchens, and Operation Brightside (community beautification)
* Project leader for Service First, a university-wide project to help improve city schools (2011-2012)