JENNIFER L. HAMES, Ph.D., HSPP

University of Notre Dame
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ACADEMIC APPOINTMENTS

2016-present **Assistant Clinical Professor, Department of Psychology**
University of Notre Dame

EDUCATION

2015-2016 **Postdoctoral Resident, Minneapolis VA Medical Center**
Primary Care Mental Health Integration
Clinical Advisor: Lisa Possis, Ph.D.; Research Advisor: Paul Arbisi, Ph.D.

2011-2015 **Ph.D. in Clinical Psychology, Florida State University**
Dissertation: Testing the efficacy of two prevention interventions in individuals at risk for suicide and depression
Advisor: Thomas E. Joiner, Ph.D.

2014-2015 **Predoctoral Intern, Minneapolis VA Medical Center**
Training Director: Wayne G. Siegel, Ph.D., ABPP
Research Advisor: Paul Arbisi, Ph.D.

2009-2011 **M.S. in Clinical Psychology, Florida State University**
Thesis: Can smaller steps lead to greater progress?: Testing the effects of two types of positive self-statements on self-esteem and mood
Advisor: Thomas E. Joiner, Ph.D.

2005-2009 **B.A. in Psychology, *Summa Cum Laude*, University of Notre Dame**
Thesis: Cognitive vulnerability to depression can be contagious
Advisor: Gerald J. Haeffel, Ph.D.

LICENSURE

Licensed Psychologist, Indiana #20042979A (August 2016-present)
Health Service Provider in Psychology (HSPP), Indiana (October 2016-present)

CLINICAL SUPERVISION

Notre Dame Psychological Services Center – Adult Therapy Clinic

January 2017 – present

- Provide weekly individual and group supervision to 5-6 doctoral candidates each calendar year who are in their 2nd-4th years of clinical training at the training clinic (*N* = 16 to date). Supervision is provided for therapy cases, with an emphasis on the implementation of empirically supported clinical interventions in the context of evidence-based practice. Supervision includes didactic training regarding effective implementation of empirically supported interventions and diagnostic

interviewing, discussion of ethical dilemmas, in-vivo role plays of clinical skills, and video-based session review.

Minneapolis VA Medical Center
January 2016 – May 2016

- Provided weekly individual supervision to one practicum student in primary care mental health.
- Received supervision of supervision by Kelly Moore, Ph.D., L.P. as part of postdoctoral training.

ADMINISTRATION & LEADERSHIP

Director; Adult Therapy Clinic – Notre Dame Psychological Services Center (NDPSC)
January 2017 – present

- Founded, launched, and developed the Adult Therapy Clinic of the NDPSC.
- Manage all aspects of service provided by student clinicians at the Adult Therapy Clinic of the NDPSC. Maintain clinic facilities, set policies, establish procedures, update student clinicians and faculty supervisors of changes in psychology law and ethics, market the clinic and recruit clients from the community, assign cases to student clinicians appropriate to developmental level and training needs, serve as a liaison to campus and community agencies, manage clinic finances, and provide clinical supervision and on-call crisis consultation to student clinicians.
- Enhance clinical science model of training program through liaison with department faculty.

Coordinator of Practicum Training; University of Notre Dame Clinical Psychology Program
August 2016 – present

- Organize the annual clinical practicum placements for approximately 20 graduate students at a variety of internal and external practicum sites. Sites include various VA medical centers, community mental health centers, inpatient hospitals, outpatient clinics, and academic medical centers.
- Serve as a liaison between practicum sites and the clinical program; maintain regular communication with practicum supervisors to stay apprised of student progress and competency concerns.
- Revised and implemented student practicum evaluation forms to be consistent with commission on accreditation (CoA) implementing regulations for doctoral programs profession wide competencies.

Assistant Director; Florida State University Psychology Clinic
August 2012 – August 2013
Supervisor: Thomas E. Joiner, Ph.D.

- Served in an administrative and leadership role at an outpatient community mental health center consisting of 16 therapists and serving roughly 65 patients per week. The FSU Psychology Clinic provides a significant portion of the mental health care for the Tallahassee community and region.
- Handled emergency screenings/suicide risk assessments and screened prospective patients.
- Assigned cases to therapists, monitored therapists' caseloads, and provided frequent peer supervision.
- Assisted the director with administrative duties and research, including maintaining a clinic research database, coordinating a CBASP treatment outcome study, and planning weekly didactics.

CLINICAL EXPERIENCE

Notre Dame Psychological Services Center – Adult Therapy Clinic
January 2017 – present

- Conduct screening sessions with all prospective clients to determine suitability to be seen in a training clinic setting.

Postdoctoral Resident; Minneapolis VA Medical Center

August 2015-August 2016

- Provided targeted assessments and brief evidence-based treatments (e.g., CBT, MI) to patients in primary care settings.
- Worked collaboratively with an interdisciplinary team of physicians, nurse practitioners, nurses, social workers, and staff to coordinate care for patients.
- Conducted on-the-spot suicide risk and diagnostic assessments to inform physicians' decisions.
- Provided therapy for oncology patients undergoing chemotherapy and/or radiation.
- Administered Prolonged Exposure and Dialectical Behavior Therapy to veterans participating in an intensive outpatient program with comorbid PTSD and borderline personality disorder.

Psychology Intern; Minneapolis VA Medical Center

August 2014 – August 2015

- Major Rotations: Primary Care Mental Health Integration, Admissions Crisis Consultation/Mental Health Intake, Posttraumatic Stress Disorder Clinic.
- Minor Rotations: Prolonged Exposure, Motivational Interviewing, Dialectical Behavior Therapy (DBT) Journey's, Administration, Assessment Clinic.
- Provided comprehensive psychological assessments for veterans with complex diagnostic presentations and developed proficiency in interpreting MMPI-2-RF profiles.

Psychological Trainee and Advanced Practicum Therapist; Florida State University Psychology Clinic

August 2010 – August 2013

Supervisors: Thomas E. Joiner, Ph.D., Kimberly A. Driscoll, Ph.D., Norman B. Schmidt, Ph.D., Pamela K. Keel, Ph.D., Donald R. Kerr, Ph.D.

- Provided weekly evidence-based individual and group outpatient therapy and assessment services to adults, adolescents, and children with a range of psychological disorders including mood, anxiety, alcohol/substance use, psychotic, eating, impulse-control, and personality disorders.
- Conducted empirically-based suicide risk assessment and management with patients ranging from low to imminent/severe suicide risk.
- Developed and refined skills in various therapy techniques, including CBT, DBT, exposure therapy, behavioral activation, motivational interviewing, and interpersonal therapy.
- Conducted psychological and educational assessments for learning disabilities, ADHD, and other forms of psychopathology.
- Co-led Dialectical Behavior Therapy (DBT) Skills Training groups (19 months) and a CBT-based Social Anxiety Disorder group (4 months). Trained incoming therapists to lead DBT Skills groups.
- Developed consultation skills via interactions with other professionals (e.g., psychiatrists/medication providers, physicians, inpatient treatment facilities, social workers).
- Attended and presented two clinical case conceptualizations at weekly staffing meetings.

Psychological Trainee; Tallahassee Memorial Hospital Behavioral Health Center

October 2011 – July 2012

Supervisors: Larry Kubiak, Ph.D.

- Conducted psychological and neuropsychological assessments for psychiatric inpatients.
- Assessed adults experiencing acute symptoms of suicidality, major depression, bipolar disorder, severe anxiety or panic, eating, or sleep disorders; adults experiencing severe and persistent mental illness and/or mental impairment; adults receiving inpatient treatment for substance use disorders, and children and adolescents experiencing acute symptoms of suicidality and psychopathology.
- Administered standardized assessment protocols, conducted clinical interviews with patients, and wrote integrated psychological reports.

Clinical Interviewer; Joiner Lab
June 2011 – April 2014
Supervisor: Thomas E. Joiner, Ph.D.

- Administered clinical interviews (MINI International Neuropsychiatric Interview) and suicide risk assessments (Self-Injurious Thoughts and Behaviors Interview) to undergraduate participants for a study assessing whether suicide risk assessment has iatrogenic effects.
- Conducted evidence-based suicide risk assessment and management for participants experiencing high levels of suicidal ideation and/or intent.

WORKSHOPS & TRAININGS ATTENDED

1. ***Applied Suicide Intervention Skills Training (ASIST) via American Foundation for Suicide Prevention*** (Barbara Gulbranson). Mishawaka, IN. September 12-13, 2019.
2. ***Acceptance and Commitment Therapy (ACT) for Beginners*** (Russ Harris, M.D.). Psychwire.com 8 week training course. October 2, 2018 – December 4, 2018.
3. ***Tobacco Cessation Training – Minneapolis VA Medical Center*** (Jennie Leskela, Ph.D. & Kyle Curry, Ph.D.). Minneapolis, MN. October 26, 2015.
4. ***Motivational Interviewing (MI) Training – Minneapolis VA Medical Center*** (Carl Isenhart, Psy.D.). Minneapolis, MN. September 8-9, 22, 2014.
5. ***Prolonged Exposure (PE) Training – Minneapolis VA Medical Center*** (Thad Strom, Ph.D., Amanda Ferrier-Auerbach, Ph.D., Emily Voller, Ph.D.). Minneapolis, MN. September 2-4, 2014.
6. ***Dialectical Behavior Therapy (DBT) Training – Minneapolis VA Medical Center*** (Laura Meyers, Ph.D., Ren Stinson, Ph.D.). Minneapolis, MN. August 28-29, 2014.
7. ***Shifting Cultural Lenses in Clinical Practice***. Workshop conducted by Steven R. Lopez, Ph.D. Tallahassee, FL. April 25, 2014.
8. ***Dialectical Behavior Therapy (DBT): Part I Intensive Training Course*. Behavioral Tech, LLC** (Melanie Harned, Ph.D., Lorie Ritschel, Ph.D.). Fort Myers, FL. June 3-7, 2013.
9. ***Cognitive Behavioral Analysis System of Psychotherapy (CBASP) Training for Clinicians***. Training conducted by Martina Belz, Ph.D. Tallahassee, FL. January 23, 2011.
10. ***Autism Diagnostic Observation Schedule (ADOS) Training for Clinicians***. Tallahassee, FL. June 7-8, 2010.

GRANTS

Comparing the Efficacy of a Single-Session Virtual Reality Treatment for Acrophobia to a Gold Standard Treatment or No Treatment
PI: Jennifer Hames
Co-Investigators: Nathan Rose, Mike Villano, Jesse Cougle (Florida State University)
Agency: Advanced Diagnostics & Therapeutics Discovery Fund (University of Notre Dame)
Timeframe: 1 year after receipt of funds
Total Amount: $43,353.76
Funding Status: Funded

Testing the Efficacy of a Gratitude Intervention in Individuals at Risk for Suicide and Depression
PI: Jennifer L. Hames
Agency: Greater Good Science Center/John Templeton Foundation
Award Type: Dissertation Grant
Timeframe: January 1, 2013 – May 31, 2014

Total Amount Requested: $10,000
Funding Status: Funded

Testing the Efficacy of a Gratitude Intervention in Individuals at Risk for Suicide and Depression
Co-PIs: Jennifer L. Hames & Thomas E. Joiner
Agency: Greater Good Science Center/John Templeton Foundation
Timeframe: September 1, 2012 – August 31, 2014
Total Amount Requested: $199,993.09
Funding Status: Not Funded

Graduate Research Assistant; Military Suicide Research Consortium (MSRC; 9/2010 – 8/2014)
Co-PIs: Thomas E. Joiner, Ph.D.; Peter Gutierrez, Ph.D.
Agency: Department of Defense; USARMC award W81XWH-10-2-0178
Award Amount: $30,000,000.00
Description: The MSRC is a federal grant awarded to PIs at Florida State University and the Denver Veterans Affairs Medical Center. It is the first consortium of its kind to integrate Department of Defense and civilian efforts in implementing a multidisciplinary research approach to suicide prevention.
Responsibilities: Assist in the preparation and writing of manuscripts related to military suicide; prepare white papers for review by congressional staffers; attend weekly phone conference calls with study PIs and staff; attend annual MSRC meetings with Department of Defense representatives to discuss future consortium goals.

Undergraduate Research Opportunity Grants/Summer Research Fellowship (2007-2008), $9,490

PUBLICATIONS

1. Bender, T. W., Fitzpatrick, S., Hartmann, M., **Hames, J. L.**, Bodell, L. P., Selby, E. A., & Joiner, T. E. (2019). Does it hurt to ask?: An analysis of iatrogenic risk during suicide assessment. *Neurology, Psychiatry and Brain Research, 33*, 73-81. 10.1111/sltb.12368

2. **Hames, J. L.**, Rogers, M. L., Silva, C., Ribeiro, J. D., Teale, N. E., & Joiner, T. E. (2018). A social exclusion manipulation interacts with acquired capability for suicide to predict self-aggressive behaviors. *Archives of Suicide Research*, 22, 32-45.

3. Anestis, J. C., Finn, J. A., Gottfried, E. D., **Hames, J. L.**, Bodell, L. P., Hagan, C. R., Arnau, R. C., Anestis, M. D., Arbisi, P. A., & Joiner, T. E. (2018). Burdensomeness, belongingness, and capability: Assessing the interpersonal-psychological theory of suicide with the MMPI-2-RF Scales. *Assessment, 25*, 415-431.

4. Hom, M. A., **Hames, J. L.**, Bodell, L. P., Buchman-Schmitt, J. M., Chu, C., Chiurliza, B., Michaels, M. S., Rogers, M. L., Ribeiro, J. D., Nadorff, M. R., Winer, E. S., Lim, I. C., Rudd, M. D., & Joiner, T. E. (2017). Investigating insomnia as a cross-sectional and longitudinal predictor of loneliness: Findings from six samples. *Psychiatry Research, 253*, 116-128.

5. Buchman-Schmitt, J. M., Chu, C., Michaels, M. S., **Hames, J. L.**, Silva, C., Hagan, C. R., Ribeiro, J. D., Selby, E. A., & Joiner, T. E. (2017). The role of stressful life events preceding death by suicide: Evidence from two samples of suicide decedents. *Psychiatry Research*, 256, 345-352.

6. Rogers, M. L., Chiurliza, B., Hagan, C. R., Tzoneva, M., **Hames, J. L.**, Michaels, M. S., Hitschfeld, M. J., Palmer, B. A., Lineberry, T. W., Jobes, D. A., & Joiner, T. E. (2017). Acute suicidal affective disturbance: Factorial structure and initial validation across psychiatric outpatient and inpatient samples. *Journal of Affective Disorders, 211*, 1-11.

7. Chu, C., Podlogar, M. C., Hagan, C. R., Buchman-Schmitt, J. M., Silva, C., Chiurliza, B., **Hames, J. L.**, Stanley, I. H., Lim, I. C., & Joiner, T. E. (2016). The interactive effects of the capability for

suicide and major depressive episodes on suicidal behavior in a military sample. *Cognitive Therapy and Research, 40*(1), 22-30.

8. Chu, C., Hom, M. A., Rogers, M. L., Moberg, F. B., **Hames, J. L.**, Suh, S., & Joiner, T. E. (2015). Is insomnia lonely?: Exploring thwarted belongingness and an explanatory link between insomnia and suicidal ideation in a sample of South Korean university students. *Journal of Clinical Sleep Medicine, 12*(5), 647-652.

9. **Hames, J. L.**, Chiurliza, B., Podlogar, M. C., Smith, A. R., Selby, E. A., Anestis, M. D., & Joiner, T. E. (2015). Perceived burdensomeness and thwarted belongingness predict excessive reassurance seeking among clinical outpatients. *Journal of Clinical Psychology, 71*, 597-605.

10. Sachs-Ericsson, N., Selby, E. A., **Hames, J. L.**, Joiner, T. E., Fingerman, K. L., Zarit, S. H., Birditt, K. S., & Hilt, L. M. (2014). Transmission of parental neuroticism on offspring's depression: The mediating role of rumination. *Personality and Mental Health, 8*, 306-319.

11. Hawkins, K. A., **Hames, J. L.**, Ribeiro, J. D., Silva, C., Joiner, T. E., & Cougle, J. R. (2014). An examination of the relationship between anger and suicide risk through the lens of the interpersonal theory of suicide. *Journal of Psychiatric Research, 50*, 59-65.

12. Haeffel, G. J., & **Hames, J. L.** (2014). Cognitive vulnerability to depression can be contagious. *Clinical Psychological Science, 2*(1), 75-85.

13. Sachs-Ericsson, N., **Hames, J. L.**, Joiner, T. E., Corsentino, E., Rushing, N. C., Palmer, N., Gotlib, I. H., Selby, E. A., Zarit, S., & Steffens, D. C. (2014). Differences between suicide attempters and non-attempters in depressed older patients: Depression severity, cognitive functioning, and white matter lesions. *American Journal of Geriatric Psychiatry, 22*(1), 75-85.

14. **Hames, J. L.**, Hagan, C. R., & Joiner, T. E. (2013). Interpersonal processes in depression. *Annual Review of Clinical Psychology, 9*, 355-377.

15. Ribeiro, J. D., Bodell, L. P., **Hames**, **J. L.**, Hagan, C. R., & Joiner, T. E. (2013). An empirically-based approach to the assessment and management of suicidal behavior. *Journal of Psychotherapy Integration, 23*(3), 207-221.

16. Rushing, N. C., Corsentino, E., **Hames, J. L.**, Tinsley, S. C. P., Sachs-Ericsson, N., & Steffens, D. C. (2013). The relationship of religious involvement indicators and social support to current and past suicidality among depressed older adults. *Aging & Mental Health, 17*(3), 366-374.

17. Sachs-Ericsson, N., Corsentino, E., Moxley, J., **Hames, J. L.**, Collins, N., Sawyer, K., Joiner, T. E., Selby, E. A., Zarit, S., Gotlib, I., & Steffens, D. C. (2013). A longitudinal study of differences in late and early onset geriatric depression: Depressive symptoms and psychosocial, cognitive, and neurological functioning. *Aging &Mental Health, 17*(1), 1-11.

18. Clerkin, E. M., Smith, A. R., & **Hames, J. L.** (2013). The interpersonal effects of Facebook reassurance seeking. *Journal of Affective Disorders, 151*(2), 525-530.

19. Smith, A. S., **Hames, J. L.**, & Joiner, T. E. (2013). Status update: Maladaptive Facebook usage predicts increases in body dissatisfaction and bulimic symptoms. *Journal of Affective Disorders, 149*, 235-240.

20. **Hames, J. L.**, Ribeiro, J. D., Smith, A. R., & Joiner, T. E. (2012). An urge to jump affirms the urge to live: An empirical examination of the high place phenomenon. *Journal of Affective Disorders, 136*, 1114-20.

21. **Hames, J. L.**, & Joiner, T. E. (2012). Resiliency factors may differ as a function of self-esteem level: Testing the efficacy of two types of positive self-statements following a laboratory stressor. *Journal of Social and Clinical Psychology, 31*(6), 640-661.

22. Haeffel, G. J., Rozek, D. C., **Hames, J. L.**, & Technow, J. (2012). Too much of a good thing: Testing the efficacy of a cognitive bias modification task for cognitively vulnerable individuals. *Cognitive Therapy and Research*, *36*(5), 493-501.

23. Bodell, L. P., **Hames, J. L.**, Holm-Denoma, J. M., Smith, A. R., Gordon, K. H., & Joiner, T. E. (2012). Does the stress generation hypothesis apply to eating disorders?: An examination of stress generation in eating, depressive, and anxiety symptoms. *Journal of Affective Disorders*, *142*, 139-142.

24. **Hames, J. L.**, Selby, E. A., Warner, J., Bonds, L., & Joiner, T. E. (2012). Recapturing the way history felt: Evaluating the invariance of the factor structure of emotion across two historical epochs. *Personality and Individual Differences*, *52*(5), 652-655.

25. Sachs-Ericsson, N., Selby, E., Corsentino, E., Collins, N., Sawyer, K., **Hames, J**., Arce, D., Joiner, T., & Steffens, D. C. (2012). Depressed older patients with the atypical features of interpersonal rejection sensitivity and reversed-vegetative symptoms are similar to younger atypical patients. *American Journal of Geriatric Psychiatry*, *20*(7), 622-634.

26. Ribeiro, J. D., Bender, T. W., Selby, E. A., **Hames, J. L.**, & Joiner, T. E. (2011). Development and validation of a brief self-report measure of agitation: The Brief Agitation Measure. *Journal of Personality Assessment*, 93(6), 597-604.

BOOK CHAPTERS

1. **Hames, J. L**., & Joiner, T. E., Jr. (2011). The Dog Woman, Addie Bundren, and the Ninth Circle: Positive psychology should be more open to the negative. In K. Sheldon, T. Kashdan, & M. Steger (Eds.), *Designing the future of positive psychology: Taking stock and moving forward*. Oxford University Press.

CONFERENCE PRESENTATIONS

1. **Hames, J. L.** (2013, October). Testing the efficacy of a gratitude intervention in individuals at risk for suicide and depression. Talk presented at the Expanding the Science and Practice of Gratitude Research Workshop (Greater Good Science Center, University of California Davis, & John Templeton Foundation), Berkeley, CA.

2. **Hames, J. L.**, Silva, C., Ribeiro, J. D., Teale, N. E., & Joiner, T. E. (2013, April). A social exclusion manipulation interacts with fearlessness about suicide to predict a laboratory proxy for suicidal behavior (especially in spring). In J. Ribeiro (chair), *The Interpersonal Theory of Suicide: Further Developments and Novel Extensions.* Talk presented at the meeting of the American Association of Suicidology, Austin, TX.

3. Smith, A. R., Clerkin, E. M., & **Hames, J. L.** (2013, April). Status Update: Maladaptive Facebook Usage is Associated with Burdensomeness and Belongingness. In K. Van Orden (chair), *The Role of Social Disconnection in Suicide Risk.* Paper presented at the meeting of the American Association of Suicidology, Austin, TX.

CONFERENCE POSTERS (*denotes student author)

1. Lam, J. C.*, Rose, N. S., Villano, M., Cougle, J. R., & **Hames, J. L.** (2019, March). Comparing the efficacy of a single-session virtual reality treatment for acrophobia to a gold standard treatment and no treatment. Poster presented at the Anxiety and Depression Association of America Conference, Chicago, IL.

2. **Hames, J. L.**, & Joiner, T. E. (2017, November). Testing the efficacy of two prevention interventions for individuals at risk for suicide and depression. Poster presented at the Association for Behavioral and Cognitive Therapies Conference, San Diego, CA.

3. **Hames, J. L.**, & Joiner, T. E. (2013, November). The interpersonal consequences of a suicide risk factor: Perceived burdensomeness predicts increased reassurance seeking. Poster presented at the Association for Behavioral and Cognitive Therapies Conference, Nashville, TN.

4. Riberio, J. D., Bodell, L., Smith, C., **Hames, J. L.**, & Joiner, T. E. (2013, November). Disgust with life in suicidal ideation: The mediating roles of thwarted belongingness and perceived burdensomeness. Poster presented at the Association for Behavioral and Cognitive Therapies Conference, Nashville, TN.

5. **Hames, J. L.**, Bodell, L. P., Holm-Denoma, J. M., Smith, A. R., Gordon, K. H., & Joiner, T. E. (2012, November). A prospective test of the stress-generation hypothesis among depressive, eating disorder, and anxiety symptoms. Poster presented at the Association for Behavioral and Cognitive Therapies Conference, National Harbor, MD.

6. **Hames, J. L.**, Silva, C., Ribeiro, J. D., Teale, N. E., & Joiner, T. E. (2012, May). Social exclusion and fearlessness predict a laboratory proxy for suicidal behavior. Poster presented at the Association for Psychological Science Conference, Chicago, IL.

7. Pfeifer, B., **Hames, J. L.**, Schied, A., & Haeffel, G. J. (2012, May). Cognitive vulnerability to depression can be contagious. Poster presented at the Association for Psychological Science Conference, Chicago, IL.

8. **Hames, J. L.**, Ribeiro, J. D., Smith, A. R., & Joiner, T. E. (2012, April). An urge to jump affirms the urge to life: An empirical examination of the high place phenomenon. Poster presented at Graduate Research Day, Tallahassee, FL.

9. **Hames, J. L.**, & Joiner, T. E. (2011, November). Positive self-statements: Smaller steps do not lead to greater progress. Poster presented at the Association for Behavioral and Cognitive Therapies Conference, Toronto, Canada.

10. **Hames, J. L.**, & Joiner, T. E. (2011, April). Actions speak louder than affirmations for Individuals with low self-esteem. Poster presented at Graduate Research Day, Tallahassee, FL.

11. **Hames, J. L.**, & Joiner, T. E. (2010, April). Positive self-statements: Can smaller steps lead to greater progress? Poster presented at Graduate Research Day, Tallahassee, FL.

12. Haeffel, G.J., **Hames, J. L**., & Vargas, I. (2009, May). The conceptualization and operationalization of cognitive vulnerability to depression: A comparison of traditional, weakest-link, and flexibility approaches. Poster presented at Association for Psychological Science, San Francisco, CA.

13. **Hames, J. L.**, & Haeffel, G. J. (2008, September). Preventing depression in at-risk college freshmen: Testing the efficacy of a novel cognitive-behavioral workbook intervention. Poster presented at the Society for Research in Psychopathology Conference, Pittsburgh, PA.

INVITED PRESENTATIONS

1. **Hames, J. L.** (2019, October). Treating fear of heights via virtual reality interventions and the high place phenomenon. Presented at Michiana Science Café through Notre Dame's Science Policy Initiative. Mishawaka, IN.

2. **Hames, J. L.** (2018, June). Mental health care in the workplace. Presented at Notre Dame's development office. Notre Dame, IN.

3. **Hames, J. L.** (2016, January). Empirically informed suicide risk assessment and management in clinical practice. Presented at Psychology Grand Rounds, Minneapolis VA Medical Center. Minneapolis, MN.

4. **Hames, J. L.**, & Olson, L. A. (2013, October). DBT Techniques: Chain and Solution Analyses. Presented at the FSU Psychology Clinic, Florida State University. Tallahassee, FL.
5. **Hames, J. L.** (2012, October). Case presentation: Making the decision to involuntarily hospitalize based on mental status. Presented at the FSU Psychology Clinic, Florida State University. Tallahassee, FL.
6. **Hames, J. L.** (2011, November). Case Presentation: Treating Comorbid Mood, Anxiety, and Alcohol Use Disorders. Presented at the FSU Psychology Clinic, Florida State University. Tallahassee, FL.

PUBLISHED WHITE PAPERS

1. **Hames, J. L.**, Bodell, L. P., Ribeiro, J. D., Silva, C., & Joiner, T. E. (2012, July 18). Summary of suicide prevention best practices. Published on the website of the Military Suicide Research Consortium: https://msrc.fsu.edu/sites/msrc.fsu.edu/files//Suicide_Prevention_Best_Practices.pdf. Purpose: To brief congressional staffers on current best practices in suicide prevention, relevant literature, limitations, and recommendations.

RESEARCH IN THE NEWS

1. Scared of heights? This new VR therapy could help. ***ScienceNews***. July 13, 2018.
2. Why you feel the urge to jump: The science and philosophy of looking down from a high place. ***Nautilus Magazine***. March 30, 2017.
3. High place phenomenon. **Radio interview for 3AW Breakfast Radio**; Melbourne, Australia. May 15, 2014.
4. Our 'pretty' Facebook friends may be bad for our self-image. ***NBC Today.*** April 10, 2014.
5. Does Facebook make women feel bad about their bodies? ***USNews.com***. April 10, 2014.
6. Gloomy thinking can be contagious. ***NPR.org***. June 24, 2013.
7. Depressive thinking can be contagious. ***TIME.com***. April 24, 2013.
8. Depressive thinking can be contagious. ***CNN.com***. April 25, 2013.
9. Is depression contagious? 'Cognitive vulnerability' may be transferable between roommates, study finds. ***NationalPost.com***. April 19, 2013.
10. Positive activities improve self-esteem more than affirmations in some people. ***GoodTherapy.org***. June 12, 2012.
11. That weird urge to jump off a bridge, explained. ***MSNBC.com***. March 13, 2012.

TEACHING/MENTORSHIP EXPERIENCE

Instructor, Intervention Science (Graduate Level; PSY 60334-01)
Spring (2017, 2018, 2019); Fall (2019)
Department of Psychology, University of Notre Dame, Notre Dame, IN
Duties: Instruct a course for first year clinical psychology students that teaches the background and evidence base for empirically supported treatments in the field and aims to foster critical thinking skills applicable to reviewing the intervention literature.

Instructor, Practicum Lab – Foundational Topics (Graduate Level; PSY 62380-01)
Fall (2016 –present); Spring (2017, 2018)
Department of Psychology, University of Notre Dame, Notre Dame, IN

Duties: Teach weekly (2 hour) didactics in foundational clinical techniques to clinical psychology graduate students. The focus is on teaching students the practical implementation skills of conducting cognitive behavioral therapy (CBT). Provide students hands on training in clinical skills, opportunities to practice clinical skills in a structured setting, and a forum to discuss current practicum experiences and issues in the field. Topics include evidence-based suicide risk assessment and management, structuring a CBT session, self-monitoring, explaining the CBT model, cognitive restructuring, behavioral experiments, behavioral activation, and exposure.

Instructor, Practicum Lab – Advanced Topics (Graduate Level; PSY 62381-01)
Fall (2016, 2017); Spring (2016-present)

Department of Psychology, University of Notre Dame, Notre Dame, IN
Duties: Teach weekly (2 hour) didactics in advanced clinical techniques to clinical psychology graduate students. The focus is on teaching students the practical implementation skills of conducting advanced techniques like dialectical behavior therapy (DBT), motivational interviewing (MI), acceptance and commitment therapy (ACT), cognitive behavioral analysis system of psychotherapy (CBASP), as well as clinical case conceptualization skills. Provide students hands on training in clinical skills, opportunities to practice clinical skills in a structured setting, and a forum to discuss current practicum experiences and issues in the field.

Internship Preparation Series for Clinical Graduate Students
Fall 2016 – present

Department of Psychology, University of Notre Dame, Notre Dame, IN
Duties: Organize a series of meetings with graduate students applying for clinical internship discussing topics such as navigating the application process, selecting sites to apply to, writing cover letters and essays, preparing for interviews, and navigating rankings. Conduct mock interviews with students and provide feedback on application materials, site selection, and rankings.

Assessment Training (Graduate Level)
Summers 2017, 2018, 2019

Department of Psychology, University of Notre Dame, Notre Dame, IN
Duties: Prepare graduate students to administer and score the MMPI-2-RF, WAIS-IV, and WMS-IV via didactics, structured practice exercises, and check-outs to assess competency. Training sessions are conducted over the course of 7 weeks for 2 hours each.

Teaching Assistant, Ethics and Standards of Professional Practice (CLP 5624-01, Graduate-Level Course)
Summer 2012; Summer 2013

Department of Psychology, Florida State University, Tallahassee, FL
Duties: Instructed first year graduate students on the implementation of therapeutic techniques, ethics, and clinic policies and procedures in preparation for their first clinical practicum placement.

Lab Instructor, Research Methods Lab (undergraduate-level course); 2010-2011 (Fall, Spring)

Department of Psychology, Florida State University, Tallahassee, FL
Duties: Provided instruction in research methods and helped students design and implement their own research studies. One 90-minute laboratory session per week (30 students). Graded weekly lab reports, homework assignments, and exams. Assisted with laboratory lecture design.

Guest Lecturer, General Psychology (undergraduate-level course); April 2011

Florida State University, Tallahassee, FL
Duties: Instructed students on the various types of psychotherapy. (200 students).

Guest Lecturer, Abnormal Psychology (undergraduate-level course); October 2011

Florida State University, Tallahassee, FL
Duties: Instructed students on the hopelessness theory of depression and how it compares and contrasts with other cognitive theories of depression. (Two 50-minute lectures; 76 students, 114 students).

Guest Lecturer, Abnormal Psychology (undergraduate-level course); January 2012
Florida State University, Tallahassee, FL
Duties: Instructed students on the hopelessness theory of depression and prospective behavioral high risk research designs (One 50-minute lecture; 200 students).

Guest Lecturer, General Psychology (undergraduate-level course); April 2012
Florida State University, Tallahassee, FL
Duties: Instructed students on the diagnosis and treatment of mood and anxiety disorders (One 50-minute lecture; 200 students).

Directed Independent Study Mentor, 2010 (Spring, Summer, Fall), 2013 (Spring, Summer, Fall)

HONORS AND AWARDS

2013	Russell & Eugenia Morcom Career Development Award
2013	Russell & Eugenia Morcom Graduate Research Day Best Poster Award (Clinical)
2013	Ermine M. Owenby, Jr. Travel Award (FSU College of Arts & Sciences)
2012	Society for a Science of Clinical Psychology (SSCP) Student Poster Competition at Association for Psychological Science; Distinguished Contribution
2012	Graduate Research Development Award
2012	Congress of Graduate Students Presentation Award
2009	John F. Santos Award for Distinctive Achievement in Psychology (Notre Dame Psychology Department's highest award)
2009	Phi Beta Kappa Member – University of Notre Dame

PROFESSIONAL AFFILIATIONS

Anxiety and Depression Association of America (ADAA)
Association for Behavioral and Cognitive Therapies (ABCT)
Association of Psychology Training Clinics (APTC)
Society for a Science of Clinical Psychology (SSCP)
Society of Clinical Psychology, Division 12 of the American Psychological Association

SERVICE

Item writer – Examination for Professional Practice of Psychology-2 (EPPP-2)
Continuing Education Committee Member - Society for the Science of Clinical Psychology (SSCP)
Committee Member – University of Notre Dame Department of Psychology
Dissertation: Ryan Egan, Katherine Grein, Dahyeon Kim
Comprehensive Exam: Kaitlin Fondren
Master's Thesis: Jovian Lam

AD HOC REVIEWER

Journal of Abnormal Psychology
Journal of Affective Disorders
Military Behavioral Health
Psychiatry Research

REFERENCES

Available upon request