# Nina Stoeckel, PhD, HSPP

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## ACADEMIC APPOINTMENTS

2020- present Assistant Clinical Professor, Department of Psychology

University of Notre Dame

**EDUCATION** 

Ph.D. Syracuse University, Syracuse, NY 2004 - 2010 Clinical Psychology (APA accredited)

Dissertation Advisor: Craig K. Ewart, Ph.D.

Dissertation: Effects of adiposity, social stress, and socialemotional competence on coronary heart disease risk in youth.

Diplom (equivalent to M.S.) University of Konstanz, Konstanz, Germany

2000 - 2004 Clinical Psychology

1999 - 2000 University of Massachusetts, Amherst, MA

Clinical Psychology (one year graduate exchange program)

Vordiplom (equivalent to B.S.) University of Konstanz, Konstanz, Germany

1997 - 1999 Psychology

## **LICENSURE**

Licensed Psychologist, Indiana (#20043257A) Health Service Provider in Psychology (HSPP), Indiana (#20043257B)

Licensed Psychologist, New York State (#019762)

## **CLINICAL EXPERIENCE & SUPERVISION**

05/22-present Sunrise Psychological Services, LLC, Granger, IN

Private Practice Owner and Licensed Clinical Psychologist

Provision of outpatient individual psychotherapy services to clients ages 18+.

07/20-present Notre Dame Psychological Services Center, South Bend, IN

Clinical Supervisor and Practicum Coordinator

Clinical supervision of clinical psychology PhD students and coordination of

external practicum placements of clinical psychology PhD students.

#### 08/19-06/20 Notre Dame Psychological Services Center, South Bend, IN

Clinical Supervisor

Clinical supervision of clinical psychology PhD students.

#### Psychological HealthCare, Syracuse, NY 04/13-06/19

Licensed Clinical Psychologist

- o Primary Care: Behavioral Health Consultant at an Internist practice.
- o In-Hospital Consultation: Behavioral health/psychology consults for patients hospitalized due to medical reasons.
- o Program Coordinator for relationship between Psychological HealthCare and Crouse Hospital/Crouse Medical Practices (09/17 – 06/19)
- o Project Coordinator and Clinical Supervisor for grant-funded joint project between Psychological HealthCare, Crouse Hospital, and ACR Health (09/18-06/19)

#### Psychological Services Center, Syracuse University, Syracuse, NY 05/15-05/19

Clinical Supervisor

Clinical supervision of clinical psychology PhD students.

#### 08/10 - 09/11Geisinger Medical Center, Danville, PA

Post-Doctoral Fellow Adult Clinical Psychology/Behavioral Medicine Clinical Experiences:

- Weight Management/Bariatric Surgery Program: Conducted pre-operative behavioral medicine evaluations; provided brief psychotherapy focused on increasing readiness for bariatric surgery or conservative weight loss; provided psychotherapeutic follow-up after bariatric surgery; led classes for patients pre- and post-surgery aimed at improving patients' self-management of their chronic disease
- o Chronic pain: Co-led pain screening group and pain class for chronic pain patients; conducted spinal cord stimulator evaluations
- o Lung and Esophageal Cancer Clinic: Participated in multidisciplinary tumor board; assessed patients at time of diagnosis as part of a multi-disciplinary clinic and provided follow-up as indicated
- o Adult Outpatient Psychiatric Clinic: Conducted assessments of and interventions for psychological and behavioral medicine problems
- o Competent to provide ACT, CBT, DBT, and MI interventions

Program Development/Evaluation:

- o ACT anxiety group: developed, facilitated, evaluated, and manualized program for patients with anxiety disorders
- o Bariatric surgery: designed two program evaluation projects to evaluate the effectiveness of post-surgery classes and to evaluate the need for post-surgery intervention from Behavioral Medicine; facilitated expansion of Behavioral Medicine's interventions with post bariatric surgery patients

- o Chronic pain: evaluated group program for patients with chronic pain Supervision/Training:
  - Supervised clinical cases of pre-doctoral interns
  - o Modeled and critiqued bariatric surgery assessments, leading groups for patients post bariatric surgery, and new patient appointments for interns and post-doctoral fellows
  - o Co-facilitated Motivational Interviewing workshop (12 hours)
  - o Recruited, trained, and managed clinical/research projects for undergraduate research assistants

## Administration/Management:

Responsible for disposition of all triages for psychological assessment and intervention for a large hospital-based outpatient practice

Supervisors: Laura Campbell, Ph.D., Charlotte Collins, Ph.D., John Gerdes, Ph.D.

#### 07/09 - 06/10Geisinger Medical Center, Danville, PA (APA accredited)

Pre-Doctoral Intern Adult Clinical Psychology/Behavioral Medicine

- o Primary Health Care: Provided integrated assessment and intervention services for adults in a medical family practice clinic
- Weight Management/Bariatric Surgery Program: Conducted pre-operative mental health evaluations; led classes for patients pre- and post-surgery aimed at improving patients' self-management of their chronic disease
- Breast Cancer Clinic: Assessed patients at time of diagnosis as part of a multi-disciplinary clinic and provided follow-up as indicated; participated in multi-disciplinary tumor board meetings and psychosocial conferences for oncology providers
- Cardiology Clinic: Assessed patients both at risk for cardiac disease and post cardiac event; provided brief Motivational Interviewing interventions to facilitate behavior change; led behavioral and psychoeducation group for patients with congestive heart failure
- Adult Outpatient Psychiatry Clinic: Conducted assessments of and interventions for psychological and behavioral medicine problems
- Psychiatric Emergency Service: conducted crisis assessments for patients presenting to the emergency department
- o Consultation/Liaison Service: provided assessment and short-term interventions for patients hospitalized on medical floors
- Implemented ACT, CBT, DBT, and MI interventions

Supervisors: Charlotte Collins, Ph.D., John Gerdes, Ph.D.

## **TEACHING EXPERIENCE**

Diversity and Cultural Issues in Assessment and Psychotherapy, PSY 860 (Graduate Course), Syracuse University

Ethical and Professional Issues in Clinical Psychology, PSY 649 (Graduate Course), Syracuse

University

# **PROFESSIONAL AFFILIATIONS**

American Psychological Association Association for Contextual Behavioral Science Indiana Psychological Association

## **AWARDS AND SERVICE**

10/20/2023	Facilitated 3-hour virtual workshop on "evidence-based practice in action" for interns in clinical psychology through the National Psychology Training
	Consortium
10/14/2022	Facilitated 3-hour virtual workshop on "evidence-based practice in action" for
	interns in clinical psychology through the National Psychology Training
	Consortium
07/08/2022	Facilitated 3-hour virtual workshop on "evidence-based practice in action" for
	interns in clinical psychology through the National Psychology Training
	Consortium
02/24/2022	Moderated a break-out virtual session on Motivational Interviewing for the
	Community Health Worker/Recovery Coach meeting facilitated by the Shaw
	Center
09/2020-present	Member of the Indiana Psychological Association Ethics Consultation Service
04/2020-05/2020 Psychological First Aid volunteer with Indiana District 5 REST team to support	
	staff of the Indiana State Department of Health during the COVID-19 crisis
2015 - 06/2019	Central New York Psychological Association Program Committee Chair
2016	Central New York Psychological Association Psychologist of the Year Award

# **REFERENCES**

Available upon request