

Gerald J. Haeffel

Curriculum Vitae

Contact Information

Address	University of Notre Dame Department of Psychology 390 Corbett Family Hall Notre Dame, IN 46556	Phone	574-631-9429
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		Web	http://www.nd.edu/~ghaeffel

Professional History and Education

2012	Associate Professor Department of Psychology University of Notre Dame
2006	Assistant Professor Department of Psychology University of Notre Dame
2006	Postdoctoral Fellow Yale University Advisor: Elena Grigorenko, Ph.D.
2005	Ph.D. in Clinical Psychology University of Wisconsin-Madison Advisor: Lyn Y. Abramson, Ph.D.
1997	Bachelor of Arts Lawrence University Graduated with Honors

Honors/Awards

2025	Fellow of the Association for Psychological Science
2015	Joyce Award for Excellence in Undergraduate Teaching
2010-2011	National Institutes of Health (NIH) Clinical Research Loan Repayment Renewal Award
2007-2009	National Institutes of Health (NIH) Clinical Research Loan Repayment Award
2004	Lyn Abramson Award for Cognitive Approaches to Psychopathology
2002, 2004	Ramona O. Messerschmidt Award
2002-2004	Graduate Student Travel Award, UW-Madison (2 totaling \$700)
2003	Specialty Preliminary Examination, Passed with Distinction, UW-Madison
2000	First Year Project, Passed with Distinction, UW-Madison
1994-1997	Lawrence University Dean's List
1993-1997	Lawrence University Sesquicentennial Scholarship
1993-1997	Wisconsin Excellence Award

Publications (*student author)

- Cimen, F., Secer, I. Goodson, J.T., **Haeffel, G.J.**, & Vancappel, A. (in press). Testing a Cognitive-Behavioral Model of Adjustment Disorder: The Mediating Role of Emotional Reactivity, Experiential Avoidance, and Safety Behaviors. *BMC Psychology*.
- Cimen, F., Secer, I. **Haeffel, G.J.**, & Goodson, J.T. (2025). Development of the short form of the safety behaviours assessment form and evaluation of cross-cultural validity and reliability. *Assessment*.
- Goodson, J.T., Fraizer, M.E.*, **Haeffel, G.J.**, Brewczynski, J., Baker, L., Woolston, C., Asnaani, A., & Roberge, E.M. (2025). Development and validation of the Safety Behavior Assessment Form-PTSD scale. *Behavioral Sciences*.
- Komasi, S., Zakiei, A., **Haeffel, G.J.**, Amianto, F., Miettunen, J., & Harp, C. (2025). Global estimates of natural, unnatural, and all-cause mortality in patients with personality disorders: A meta-analysis of longitudinal studies and meta-regression of potential moderators in a sample of 34 million people. *General Hospital Psychiatry*.
- Stallman, J.K.* & **Haeffel, G.J.** (2025). A paper and pencil questionnaire outperforms GPT for measuring cognitive vulnerability to depression and predicting depressive symptoms. *Scientific Reports*, 15, 19782.
- Vander Missen, M.R.* , Giovanetti, A.K.* , Fisher, J.S.* , Awe, E., Ram*, B.M., Rapadas, C.C.* , Shannon, C.T.* , Stallman, J.K.* , & **Haeffel, G.J.** (2025). Effects of repeated finger flexion movements on self-reported affect and reward system activation are weak and inconsistent. *Journal of Clinical Psychology*, 81, 1095-1102.
- Vargas, I. Wier, O.M., Vance, A., & **Haeffel, G.J.** (2025). Development and validation of an abbreviated form of the Cognitive Style Questionnaire. *Cognitive Therapy and Research*.
- Haeffel, G.J.** (2024). Tracking depressive and anxious symptoms during the first year of COVID-19: The search for moderators. *Social and Personality Psychology Compass*, 18, e12931.
- Haeffel, G.J.**, Lin, Z., Adetula, A., Vargas, I., Doom, J.R., Moriguchi, Y., Bridgers, A.J., & Cobb, W.R. (2024). Psychology needs more diversity at the level of editor-in-chief. *Communications Psychology*.
- Hall, B. F., Wagge, J. R., Pfuhl, G., Stieger, S., Vergauwe, E., IJzerman, H., ... & Lewis, S. (2024). Registered replication report: Turri, Buckwalter, & Blouw (2015). *Advances in Methods and Practices in Psychological Science*.
- Schmidt, K., **Haeffel, G.J.**, Levy, N., Moreau, D., Lee, S.T.H. ... & Wagge, J. (2024). A response to a comment on Hall et al., 2024. *Advances in Methods and Practices in Psychological Science*.
- Brouder, L.M.* & **Haeffel, G.J.** (2023). Stable-global attributions, but not emotional valence, predict future depressive symptoms and event-specific inferences. *Journal of Social and Clinical Psychology*, 42, 471-486.
- Gorman, E.L*., Goodson, J.T., & **Haeffel, G.J.** (2023). Reducing safety behaviors to prevent anxious symptoms: A pre-registered prevention intervention study. *Cognitive Behaviour Therapy*, 52, 641-653. DOI: 10.1080/16506073.2023.2237671

- Haeffel, G.J.**, Burke, H.H.*, Vander Missen, M.*, & Brouder, L.M.* (2023). What diverse samples can teach us about cognitive vulnerability to depression. *Collabra: Psychology*.
- Smith, E.R.*, Brouder, L.M.*, Lawlor, C.E.*, & **Haeffel, G.J.** (2023). Listening to a popular upbeat song can lead to more adaptive cognitive inferences for stressful events in non-clinical adult populations. *British Journal of Clinical Psychology*, 62, 356-371.
- Stallman, J.K.*, Bains Williams, K.N.*, Goodson, J.T., & **Haeffel, G.J.** (2023). Safety behaviors were associated with greater anxious symptoms during the first year of the COVID-19 pandemic. *Social and Personality Psychology Compass*, e12904.
- Goodson, J.T. & **Haeffel, G.J.** (2022). Treating posttraumatic stress disorder in combat veterans: A guide to using behavior therapy for anxiety and PTSD (BTAP). *Clinical Psychology and Special Education*, 11, 63-80.
- Haeffel, G.J.** (2022). Psychology needs to get tired of winning. *Royal Society Open Science*. 9: 220099. <https://doi.org/10.1098/rsos.220099>
- Haeffel, G.J.** & Cobb, W.R.* (2022). Tests of generalizability can diversify psychology. *Nature Reviews Psychology*, 1, 186-187.
- Haeffel, G.J.**, Jeronimus, B.F., Fisher, A.J., Kaiser, B.N., Weaver, L.J., Vargas, I., Goodson, J.T., Soyster, P.D., & Lu, W.* (2022). HiTOP is not an improvement over the DSM. *Clinical Psychological Science*, 10, 285-290
- Haeffel, G.J.**, Jeronimus, B.F., Kaiser, B.N., Weaver, L.J., Soyster, P.D., Fisher, A.J., Vargas, I., Goodson, J.T., & Lu, W.* (2022). Folk classification and factor rotations: Whales, sharks, and the problems with HiTOP. *Clinical Psychological Science*, 10, 259-278.
- Lawlor, C.E.*, Goodson, J.T., & **Haeffel, G.J.** (2022). Cognitive behavioral therapy for depression: A primer. *Clinical Psychology and Special Education*, 11, 97-107.
- Disher, N.G.*, Guerra, A.L.*, & **Haeffel, G.J.** (2021). Men have ability, women are lucky: A pre-registered experiment examining gender bias in knowledge attribution. *British Journal of Social Psychology*, 60, 808-825.
- Alatorre, A.I.*, DePaola, R.V.*, & **Haeffel, G.J.** (2020). Academic achievement and depressive symptoms: Are fixed mindsets distinct from negative attributional style? *Learning and Individual Differences*, 77, 101811.
- Gorman, E.L.*, Burke, H.H.*, Rubino, L.G.*, Vargas, I., & **Haeffel, G.J.** (2020). Teasing apart the effect of depression specific and anxiety specific symptoms on academic outcomes. *Clinical Psychology and Special Education*, 9, 91-104.
- Hein, S., Weeland, J., Square, A., **Haeffel, G.J.**, Chapman, J., Macomber, D., Lee, M., Geib, C.F., & Grigorenko, E.L. (2020). Effectiveness of a social problem-solving training in youth in detention or on probation: An RCT and pre-post community implementation. *International Journal of Law and Psychiatry*, 72.

- Vargas, I., **Haeffel, G.J.**, Jacobucci, R., Boyle, J.T., Mayer, S.E., & Lopez-Duran, L. (2020). Negative cognitive style and cortisol reactivity to a laboratory stressor: A preliminary study. *International Journal of Cognitive Therapy*, 13, 1-14.
- Vargas, I., Nguyen, A., **Haeffel, G.J.**, & Drake, C.L. (2020). A negative cognitive style is associated with greater insomnia and depressive symptoms: The mediating role of sleep reactivity. *Journal of Affective Disorders Reports*, 1.
- Sasso, M.P.*, Giovanetti, A.K.*, Schied, A.L.*, Burke, H.H.*, & **Haeffel, G.J.** (2019). #Sad: Twitter content predicts changes in cognitive vulnerability and depressive symptoms. *Cognitive Therapy and Research*, 43, 657-665.
- Giovanetti, A.K.*, Revord, J.C.*, Sasso, M.P.*, & **Haeffel, G.J.** (2019). Self-distancing may be harmful: Third-person writing increases levels of depressive symptoms compared to traditional expressive writing and no writing. *Journal of Social and Clinical Psychology*, 38, 50-68.
- Haeffel, G.J.** & Kaschak, M.P. (2019). Rethinking how we think about cognitive interventions for depression: An example from second language acquisition. *Clinical Psychological Science*, 7, 68-76.
- Goodson, J.T. & **Haeffel, G.J.** (2018). Preventative and restorative safety behaviors: Effects of exposure treatment outcomes and risk for future anxious symptoms. *Journal of Clinical Psychology*, 74, 1657-1672.
- Haeffel, G.J.** (2017). Don't sleep on it: Less sleep reduces risk for depressive symptoms in cognitively vulnerable undergraduates. *Journal of Personality and Social Psychology*, 113, 925-938.
- Haeffel, G.J.**, Hein, S., Square, A., Macomber, D., Lee, M., Chapman, J., & Grigorenko, E.L. (2017). Evaluating a social problem solving intervention for juvenile detainees: Depressive outcomes and moderators of effectiveness. *Development and Psychopathology*, 29, 1035-1042.
- Haeffel, G.J.**, Hershenberg, R.E., Goodson, J.T., Hein, S., Square, A., Grigorenko, E., & Chapman, J. (2017). The hopelessness theory of depression: Clinical utility and generalizability. *Cognitive Therapy and Research*, 41, 543-555.
- Junkins, M.B.* & **Haeffel, G.J.** (2017). Rumination: Reflection can amplify the depressogenic effects of brooding. *International Journal of Cognitive Therapy*, 10, 34-46.
- Goodson, J.T., **Haeffel, G.J.**, Raush, D., & Hershenberg, R. (2016). The safety behavior assessment form: Development and Validation. *Journal of Clinical Psychology*, 72, 1099-1111.
- Haeffel, G.J.** & Hames, J.L.* (2014). Cognitive vulnerability to depression can be contagious. *Clinical Psychological Science*, 2, 75-85.
- Pfeifer, B.J.* & **Haeffel, G.J.** (2014). Proximity, relationship closeness, and cognitive vulnerability: Predicting enduring depressive reactions to a college campus tragedy. *Journal of Clinical Psychology*, 70, 1196-1210.
- Russel, A.*, **Haeffel, G.J.**, Hankin, B.L., Maxwell, S.E., & Perara, R.A. (2014). Moving beyond main effects: A data analytic strategy for testing complex theories of clinical phenomena. *Clinical Psychology: Science and Practice*, 21, 385-397

- Doom, J.R.* & **Haeffel, G.J.** (2013). Teasing apart the effects of cognition, stress, and depression on health. *American Journal of Health Behavior*, 37, 610-619.
- Baptiste, B., **Haeffel, G.J.** Macomber, D., Hart, L., Chapman, J. & Grigorenko, E.L. (2012). Development and validation of the delinquency reduction outcome profile (DROP) in a sample of incarcerated juveniles: A multi-construct/multi-situational scoring approach. *Psychological Assessment*, 24, 901-912.
- Haeffel, G.J.**, Eastman, M., & Grigorenko, E.L. (2012). Using a cognitive endophenotype to identify risk genes for depression. *Neuroscience Letters*, 510, 10-13.
- Haeffel, G.J.**, Hames, J.L.* & Technow, J.* (2012). Too much of a good thing: Testing the efficacy of a cognitive bias modification task for cognitively vulnerable individuals. *Cognitive Therapy and Research*, 36, 493-501.
- Haeffel, G.J.** (2011). After further deliberation: Cognitive vulnerability predicts changes in event-specific negative inferences for a poor midterm grade. *Cognitive Therapy and Research*, 35, 285-292.
- Haeffel, G.J.** (2011). Motion as motivation: Using repetitive flexion movements to stimulate the approach system. *Behavior Therapy*, 42, 667-675.
- Haeffel, G.J.** & Vargas, I.* (2011). Resilience to depressive symptoms: The buffering effects of enhancing cognitive style and positive life events. *Journal of Behavior Therapy and Experimental Psychiatry*, 42, 13-18.
- DeYoung, C.G., Getchell, M., Kuposov, R.A., Yrigollen, C.M., **Haeffel, G.J.**, Klinteberg, B., Orelund, L., Ruchkin, V.V., Pakstis, A., & Grigorenko, E.L. (2010). Variation in the Catechol-O-Methyltransferase Val¹⁵⁸Met polymorphism associated with conduct disorder and ADHD symptoms among adolescent male delinquents. *Psychiatric Genetics*, 20, 20-24.
- Grigorenko, E.L., DeYoung, C.G., Eastman, M., Getchell, M., **Haeffel, G.J.**, Klinteberg, B., Kuposov, R.A., Orelund, L., Pakstis, A., Ponomarev, O.A., Ruchkin, V.V., Singh, J.P., & Yrigollen, C.M. (2010). Aggressive behavior, related conduct problems, and variation in genes affecting dopamine turnover. *Aggressive Behavior*, 36, 158-176.
- Haeffel, G.J.** (2010). When self-help is no help: Traditional cognitive skills training does not prevent depressive symptoms in people who ruminate. *Behaviour Research and Therapy*, 48, 152-157.
- Haeffel, G.J.** (2010). Cognitive vulnerability to depressive symptoms in college students: A comparison of traditional, weakest-link, and flexibility operationalizations. *Cognitive Therapy and Research*, 34, 92-98.
- Haeffel, G.J.** and Howard, G.S. (2010). Self-report: Psychology's four-letter word. *American Journal of Psychology*, 123, 181-188.
- Haeffel, G.J.** & Mathew, A.R.* (2010). Inside thoughts and outside influences: Cognitive vulnerability

- moderates the effect of decreases in perceived social support on depressive symptoms. *Journal of Social and Clinical Psychology*, 29, 283-302.
- Petersen, L.A. *, Heil, J.K. *, McNeil, N.M., & **Haeffel, G.J.** (2010). Learning from errors in game-based versus formal mathematics contexts. In S. Ohlsson & R. Carambone (Eds.) *Proceedings of the 32nd Annual Conference of the Cognitive Science Society* (pp. 2578-2582). Austin, TX: Cognitive Science Society.
- Haeffel, G.J.**, Thiessen, E.D., Campbell, M.W., Kaschak, M.P., & McNeil, N.M. (2009). Theory, not cultural context, will advance psychology. *American Psychologist*, 64, 570-571.
- Haeffel, G.J.** Abramson, L.Y., Brazy, P., & Shah, J. (2008). Hopelessness theory and the approach system: Cognitive vulnerability predicts decreases in goal-directed behavior. *Cognitive Therapy and Research*, 32, 281-290.
- Haeffel, G.J.**, Getchell, M., Kuposov, R.A., Yrigollen, C.M., DeYoung, C.G., Klinteberg, B., Orelan, L., Ruchkin, V.V., Pakstis, A., & Grigorenko, E.L. (2008). Association between polymorphisms in the dopamine transporter gene and depression: Evidence for a gene–environment interaction in a sample of juvenile detainees. *Psychological Science*, 19, 62-69.
- Haeffel, G.J.**, Gibb, B.E., Abramson, L.Y., Alloy, L.B., Metalsky, G.I., Joiner, T., Hankin, B.L., and Swendsen, J. (2008). Measuring cognitive vulnerability to depression: Development and validation of the Cognitive Style Questionnaire. *Clinical Psychology Review*, 28, 824-836.
- Halberstadt, L., **Haeffel, G.J.**, Abramson, L.Y., Mukherji, B.R., Metalsky, G.I., & Dykman, B.M. (2008). Schematic processing: A comparison of clinically depressed, dysphoric, and nondepressed college students. *Cognitive Therapy and Research*, 32, 843-855.
- Grigorenko, E.L., DeYoung, C.G., Getchell, M., **Haeffel, G.J.**, Klinteberg, B., Kuposov, R.A., Orelan, L., Pakstis, A., Ruchkin, V.V., Yrigollen, C.M. (2007). Exploring interactive effects on genes and environments in etiology of individual differences in reading comprehension. *Development and Psychopathology*, 19, 1089-1103.
- Haeffel, G.J.**, Abramson, L.Y., Brazy, P., Shah, J., Teachman, B., & Nosek, B. (2007). Explicit and implicit cognition: A preliminary test of a dual-process theory of cognitive vulnerability. *Behaviour Research and Therapy*, 45, 1155-1167.
- Haeffel, G.J.** & Grigorenko, E.L. (2007). Cognitive vulnerability to depression: Exploring risk and resilience. *Child and Adolescent Psychiatric Clinics of North America*, 16, 435-448.
- Haeffel, G.J.**, Voelz, Z.R., & Joiner, T.E. (2007). Vulnerability to depressive symptoms: Clarifying the role of excessive reassurance-seeking and perceived social support in an interpersonal model of depression. *Cognition & Emotion*, 21, 681-688.
- Haeffel, G.J.**, Abramson, L.Y., Voelz, Z.R., Metalsky, G.I., Halberstadt, L., Dykman, B.M., Donovan, P., Hogan, M.E., Hankin, B.L., & Alloy, L.B. (2005). Negative cognitive styles, dysfunctional attitudes, and the remitted depression paradigm: A search for the elusive cognitive vulnerability to depression factor among remitted depressives. *Emotion*, 5, 343-348.

Hankin, B.L., Abramson, L.Y., Miller, N., & **Haefel, G.J.** (2004). Cognitive vulnerability-stress theories of depression: Examining affective specificity in the prediction of depression versus anxiety in three prospective studies. *Cognitive Therapy and Research*, 28, 309-345.

Haefel, G.J., Abramson, L.Y., Voelz, Z.R., Metalsky, G.I., Halberstadt, L., Dykman, B.M., Donovan, P., Hogan, M.E., Hankin, B.L., & Alloy, L.B. (2003). Cognitive vulnerability to depression and lifetime history of Axis I psychopathology: A comparison of negative cognitive styles (CSQ) and dysfunctional attitudes (DAS). *Journal of Cognitive Psychotherapy: An International Quarterly*, 17, 3-22.

Voelz, Z.R., **Haefel, G.J.**, Joiner, T.E., & Wagner, K.D. (2003). Reducing hopelessness: The interaction of enhancing and depressogenic attributional styles for positive and negative life events among youth psychiatric inpatients. *Behaviour Research and Therapy*, 41, 1183-1198.

Books/Chapters (*student author)

Abramson, L.Y., Alloy, L.B., Hankin, B.L., **Haefel, G.J.**, MacCoon, D.G., & Gibb, B.E. (2002). Cognitive vulnerability-stress models of depression in a self-regulatory and psychobiological context. In I.H. Gotlib and C.L. Hammen (Eds.), *Handbook of depression and its treatment*. New York: Guilford.

Conference Presentations (*student author)

Rapadas, C.* & Haefel, G.J. (2025). *A Rift in Representation: Investigating Heterogeneity in Asian and Pacific Islander Populations on Mood and Cognition*. Western Psychological Association (WPA) Conference.

Ram, B.M.*, Barrow, L.K.*, Lawlor, C.E.*, & Haefel, G.J. (2023). *Does geography and English fluency matter? Measuring cognitive vulnerability to depression in African, European, and American Samples*. Association for Psychological Science (APS) Conference.

Stallman, J.*, Williams, K.* & Haefel, G.J. (2023). *Better safe than sorry? Tracking the association between safety behaviors and anxious symptoms during the COVID-19 pandemic*. International Convention of Psychological Science (ICPS).

Brouder, L.*, Burke, H.*, VanderMissen, M.*, & Haefel, G.J. (2021). *Theory building through generalizability: What diverse samples can teach us about cognitive vulnerability to depression*. Association for Psychological Science (APS) Conference.
APS RISE Award Winner; SSCP Global Mental Health Student Poster Award Winner

Gorman, E.*, Lawlor, C.*, Brouder, L.*, & Haefel, G.J. (2021). *Tracking the effect of COVID-19 on symptoms of depression and anxiety*. Association for Psychological Science (APS) Conference.
SSCP Distinguished Contribution Award Winner

Burke, H.*, VanderMissen, M.*, & Haefel, G.J. (2020). *Testing the generalizability of the hopelessness theory of depression in WEIRD and Non-WEIRD populations*. Association for Psychological Science (APS) Conference, Chicago, IL.

Haefel, G.J., Gorman, E.L.*, VanderMissen, M.*, & Brouder, L.* (2020). *Tracking the effect of COVID-19*

on symptoms of depression and anxiety. COVID-19: What Comes Next Forum, University of Notre Dame.

Smith, E.R.*, Gorman, E.L.*, VanderMissen, M.*, & Haeffel, G.J. (2020). *Using repetitive flexion movements to stimulate the approach system: Results from pre-registered direct and conceptual replications.* Association for Psychological Science (APS) Conference, Chicago, IL.

Burke, H.*, Alatorre, A.I.*, & Haeffel, G.J. (2018). *Examining hopelessness theory's cognitive vulnerability construct in a Latin American population.* Poster presented at the International Convention of Psychological Science (ICPS) Conference, Paris, France.

Alatorre, A.I.*, Burke, H.*, VanderMissen, M.*, & Haeffel, G.J. (2018). *Depressive symptoms and academic achievement" Are fixed mindsets just a specific instance of negative attributional style.* Poster presented at the Society for Research in Psychopathology (SRP) Conference, Indianapolis, IN.

Giovanetti, A.K.*, Sasso, M.P.*, & Haeffel, G.J. (2017). *#Sad: Testing the effect of Twitter profiles on cognitive vulnerability and depressive symptoms.* Poster presented at the Society for Research in Psychopathology (SRP) Conference, Denver, CO.

Sasso, M.P.*, Alatorre, A.I.*, Giovanetti, A.K.*, & Haeffel, G.J. (2017). *Daily journaling and depressive symptoms: Writing in third person leads to increases in depressive symptoms compared to first-person writing, particularly for cognitively vulnerable individuals.* Poster presented at the Association for Psychological Science (APS) Conference, Boston, MA.

DePaola, R.V.*, Beckler, C.A.*, Goodson, J.T., Hershenberg, R.E., Chapman, J., Grigorenko, E.L., & Haeffel, G.J. (2015). *The hopelessness theory of depression: Generalizability and clinical utility.* Poster presented at the Association for Psychological Science (APS) Conference, New York City, NY.

Revord, J.C.*, Nam-Yoon, K.*, McNerney, N.*, & Haeffel, G.J. (2015). *Preventing depressive symptoms: Daily journaling using third-person self-distancing is less effective than daily journaling using traditional first-person writing.* Poster presented at the Association for Psychological Science (APS) Conference, New York City, NY.

Goodson, J.T., Haeffel, G.J. & Raush, D. (2014). *Development and validation of the safety behavior assessment form.* Poster presented at the Anxiety and Depression Association of America (ADAA) Conference, Chicago, IL.

Pfeifer, B*, Notardonato, L.* & Haeffel, G.J. (2013). *Predicting enduring depressive reactions to a college campus tragedy.* Poster presented at the Association for Psychological Science (APS) Conference, Washington, D.C.

Lu, W.*, Toohey, M.*, Pfeifer, B.*, Notardonato, L.*, & Haeffel, G.J. (2012). *Cognitive vulnerability interacts with sleep quality to predict depressive symptoms.* Poster presented at the Association for Psychological Science (APS) Conference, Chicago, IL.

Notardonato, L.*, Schied, A.*, Pfeifer, B.*, & Haeffel, G.J. (2012). *Using a cognitive endophenotype to*

- identify risk genes for depression.* Poster presented at the Association for Psychological Science (APS) Conference, Chicago, IL.
- Pfeifer, B.* , Hames, J.* , Schied, A.* , & Haeffel, G.J. (2012). *Cognitive vulnerability to depression can be contagious.* Poster presented at the Association for Psychological Science (APS) Conference, Chicago, IL.
- Doom, J.R.* , Rozek, D.C.* , Eardley, M.P.* , & Haeffel, G.J. (2010). *Poor health behaviors: Teasing apart the effects of cognitive vulnerability, stress, and depressive symptoms.* Poster presented at the Society for Research in Psychopathology (SRP) Conference, Seattle, WA.
- Eardley, M.P.* , Heiss, S.M.* , Rozek, D.C.* , Doom, J.R.* , & Haeffel, G.J. (2010). *Sleep, cognitive vulnerability, and depressive symptoms: Preliminary evidence for two depressive subtypes.* Poster presented at the Society for Research in Psychopathology (SRP) Conference, Seattle, WA.
- Vargas, I.* , Doom, J.R.* , & Haeffel, G.J. (2010). *"Resilience to depressive symptoms: The buffering effects of enhancing cognitive style and positive life events."* Poster presented at the Association of Psychological Science (APS) Conference, Boston, MA.
- Vargas, I.* , Technow, J.* , Eardley, M.P.* , Heiss, S.M.* , & Haeffel, G.J. (2009). *After further deliberation: Cognitive vulnerability predicts changes in event-specific inferences for a poor midterm grade.* Poster presented at the Society for Research in Psychopathology (SRP) Conference, Minneapolis, MN.
- Haeffel, G.J., Hames, J.L.* , & Vargas, I.* (2009). *Cognitive vulnerability to depression: A comparison of traditional, weakest-link, and flexibility operationalizations.* Poster presented at the Association of Psychological Science (APS), San Francisco, CA.
- Hames, J.L.* & Haeffel, G.J. (2008). *Preventing depression in at-risk college freshmen: Testing the efficacy of a novel cognitive-behavioral workbook intervention.* Poster presented at the Society for Research in Psychopathology (SRP) Conference, Pittsburgh, PA.
- Haeffel, G.J., & Sukhodolosky, D. (2006). *Social problem solving training for children in detention.* Symposium presentation at the Leading Change Conference, University of Connecticut.
- Haeffel, G.J., & Abramson, L.Y. (2002, November). *Gender differences in depressive and other Axis I disorders: Findings from an American college sample.* Symposium presentation at the Association for Advancement of Behavior Therapy (AABT) Convention, Reno, Nevada.
- Haeffel, G.J., Abramson, L.Y., Voelz, Z.R., & Metalsky, G.I. (2002, June). *Cognitive vulnerability to depression and lifetime history of Axis I psychopathology: A comparison of negative cognitive styles (CSQ) and dysfunctional attitudes (DAS).* Poster presented at the American Psychological Society Convention (APS), New Orleans, Louisiana.
- Voelz, Z.R., Haeffel, G.J., Pettit, J.W., Perez, M., Walker, R.L., Joiner, Jr. T.E., & Wagner, K.D. (2001, November). *Recovery from depression: The interaction of enhancing and depressogenic attributional styles for positive and negative life events.* Poster presented at the Association for the Advancement of Behavior Therapy (AABT) Convention, Philadelphia, Pennsylvania.

Institute for Educational Initiatives - Collaboration, Research and Service

Senior Advisor of Mental Health and Well Being for Tutor-ND

Tutor-ND steering committee
 Lead for training and professional development for Postbaccalaureate Fellows program
 Science of Learning Speaker
 IEI Fellow

Invited Talks

2020	Northwestern University, Clinical Psychology Brownbag (cancelled due to COVID)
2015	University of Wisconsin-Madison, Department of Psychology
2014	Kalamazoo University, Department of Psychology
2006	University of Rochester, Department of Psychology
2006	Yale University, Yale Child Study Center
2005	University of Notre Dame, Department of Psychology
2005	Medical College of Wisconsin/ Milwaukee Medical Center/
2004	Harvard University, Department of Psychology
2004	Kent State University, Department of Psychology
2004	Texas Tech University, Department of Psychology
2004	University of Northern Illinois, Department of Psychology

Professional Affiliations

Association for Psychological Science (APS)
 Society for Research in Psychopathology (SRP)

Grant Review Panels

2020	Swiss National Science Foundation
2017	Swiss National Science Foundation
2015	Canada Foundation for Innovation
2012	Ontario Mental Health Foundation
2008	Swiss National Science Foundation

Associate Editor

Clinical Psychology and Special Education (2 Special Issues)

Editorial Board

Clinical Psychology Review
Cognitive Therapy and Research

Ad Hoc Reviewer

Acta Psychologica
Anxiety, Stress, & Coping
Archives of General Psychiatry
Behavior Therapy
Behaviour Research and Therapy
Biological Psychology
Biological Psychiatry
British Journal of Clinical Psychology
British Journal of Psychiatry
Canadian Journal of Behavioural Sciences
Child and Youth Services

Clinical Psychology Review
Clinical Psychological Science
Cognitive Therapy and Research
Cognition and Emotion
Communications Psychology
Computers in Human Behavior Reports
Depression and Anxiety
Emotion
International Journal of Cognitive Therapy
International Journal of Psychology
Journal of Abnormal Psychology
Journal of Abnormal Child Psychology
Journal of Adolescence
Journal of Affective Disorders
Journal of American College Health
Journal of Behavior Therapy and Experimental Psychiatry
Journal of Clinical Psychology
Journal of Consulting and Clinical Psychology
Journal of Experimental Psychology: General
Journal of Personality
Journal of Personality Assessment
Journal of Psychopathology and Behavioral Assessment
Journal of Rational-Emotive Cognitive Behavioral Therapy
Journal of Research in Personality
Journal of Social and Clinical Psychology
Journal of Social and Personal Relationships
Learning and Individual Differences
Military Medical Research
Nature Human Behavior
Neurocomputing
Neuroscience & Biobehavioral Reviews
Personality and Social Psychology Bulletin
PLOS ONE
Psychological Science
Progress in Neurobiology
Progress in Neuro-Psychopharmacology & Biological Psychiatry
Psychiatry: Interpersonal and Biological Processes
Psychiatry Research
Psychological Methods
Psychological Reports
Psychological Review
Self and Identity
Social and Personality Psychology Compass
Social Psychology and Personality Science
Stress and Health
The Spanish Journal of Psychology

Grants

2025-present Human Performance & Wellness Research Grant Competition (role: PI); “The

	Sports Travel Disadvantage: Untangling the Effects of Circadian Rhythm Disruption and Sleep Loss on Athletic and Cognitive Performance” [\$89,480 for 2 years].
2023-present	AmeriCorps 23VG257630 (role: co-PI, with Nicole McNeil; Jill Pentimonti, co-PI, Kati Macaluso, co-PI; Matthew Kloser, co-PI; and Patrick Kirkland, co-PI) “Connecting Volunteer Tutors to Cognitive Science” [\$1,920,234 for 3 years]
2023	Templeton Foundation, The UPenn Primals Project (role: PI); <i>Primals and Depressive Cognitive Vulnerabilities: A Conceptual and Empirical Comparison</i> ; \$5000
2020	University of Notre Dame Race and Ethnicity in the US grant; role: PI; \$801.60
2020	University of Notre Dame COVID Forum grant; role: PI; \$500
2010	National Institutes of Health (NIH) Clinical Research Loan Repayment Renewal Award. <i>Resilience to Depression: Investigating the Buffering Effects of Enhancing Cognitive Style and Positive Life Events</i> . Funded 8/10. Approximately 65% of NIH LRP renewal applications are funded.
2009	University of Notre Dame Faculty Research Program Award; role: PI; \$9950
2007	National Institutes of Health (NIH) Clinical Research Loan Repayment Award. <i>Testing the Efficacy of a New Cognitive Behavioral Intervention in Preventing Depression and the Moderating Effects of a Polymorphism in the COMT Gene</i> . Funded 8/07. Approximately 35% of NIH LRP applications are funded.
2004	UW-Madison Graduate Student Research Award; role: PI; 5 totaling \$1800)

Teaching

Courses taught:

Advanced Research Methods in Educational Research and Action (graduate), University of Notre Dame
 Adult Psychopathology (graduate), University of Notre Dame
 Depression and Anxiety (undergraduate), University of Notre Dame
 Psychological Assessment I (graduate), University of Notre Dame
 Psychological Assessment II (graduate), University of Notre Dame
 Introduction to Clinical Psychology (undergraduate), University of Notre Dame
 Problem Based Learning (medical students), Medical College of Wisconsin
 Research Methods (undergraduate), University of Notre Dame
 Science & Pseudoscience in Psychology (undergraduate), University of Notre Dame
 University Seminar in Social Science (undergraduate), University of Notre Dame

PostBacc Advising:

Naja Jones Mitchell, Jose Quiroz

Undergraduate Student Advising:

Andrea Alatorre, Eyitayo Awe, Lindsay Barrow, Carlee Beckler, Lily Brouder, Hugh Burke, Jocelyn Covarrubias, Dylan Cundiff, Rosalie DePaola, Jenalee Doom, Karmela Dalisay, Mandy Duman, Michael Eardley, Madison Frazier, Annaleis Giovanetti, Ellie Gorman Lauren Gulley, Jen Hames, Jenny Heil,

Shawn Heiss, Michael Junkins, Ariel Kim, Ciara Lawlor, Wei Lu, Amanda Mathew, Jim McGuire, Natalie McNerney, Shakira Moya, Lucia Notardonato, Ben Pfeifer, Brian Ram, Cerila Rapadas, Julia Revord, Maria Sasso, Anastasia Schied, Connor Shannon, Elizabeth Smith, Jane Stallman, Jessica Technow, Megan Toohey, Kara Tschanz, Ivan Vargas, Marissa VanderMissen, Kirsten Bains Williams, Dezzie Zamora

Undergraduate Senior Thesis and Publications:

Every senior thesis conducted in the lab has resulted in a peer-reviewed publication.

~70% of all students graduate from the lab with a peer-reviewed publication (list below). ~

~90% of all students leave with a publication and/or national conference poster presentation.

Andrea Alatorre, Eyitayo Awe, Kirsten Bain-Williams, Hugh Burke, Lily Brouder, Rosalie DePaulo, Natalie Disher, Jenalee Doom, Madison Frazier, Annalies Giovanetti, Antonio Guerra, Ellen Gorman, Jennifer Hames, Jennifer Heil, Michael Junkins, Ciara Lawlor, Amanda Mathew, Ben Pfeifer, Brian Ram, Cerila Rapadas, Julia Revord, Laura Rubino, Maria Sasso, Connor Shannon, Jane Stallman, Annie Schied, Jessica Technow, Marissa Vander Missen, Ivan Vargas

Postbaccalaureate Research Fellow in Educational Research and Action (ERA Fellow):

Naja JonesMitchell

Bridges Student Advising:

Mayre Castro, Isaiah Coley, Sherroya Robb, Sebastian Rosas, Angelica Serna, Eliza Smith, Huage Mei

Department Service

Masters, Prelim, and Dissertation Committees:

Arash Assar, Prospectus Committee (2025)
 Ryan Egan, Masters Committee (2016)
 Tony Cunningham, Dissertation Committee (2015)
 Kelsey Blomeke, Dissertation Committee (2014, 2015)
 Patricia Prescott, Dissertation Committee (2013) - University of The West Indies
 Wendy Phillips, PhD Thesis (2011) – University of New England, Australia
 Sabine Krawietz, Dissertation Committee (2011, 2012)
 Rebecca Schweers, Dissertation Committee (2010, 2012)
 Rebecca Schweers, Prelim Committee (2009)
 Ann Flies, Masters Committee (2009)
 Jonathon Yip, Dissertation Committee (2008; 2009)
 Heather Holleman, Masters Committee (2008)
 Laura Smitham, Prelim Committee (2007)
 Laura Smitham, Dissertation Committee (2007; 2008)
 Kristi Peters, Masters Committee (2007)
 Laura Smitham, Masters Committee (2006)

Departmental Committees:

DEI Committee (2023 – present)
 Undergraduate Studies Committee (2012-2015; 2017-present)
 TPAC search committee (2024)
 TPAC 1-year review committee (2024-present)
 Service Statement for Ross Jacobucci (2019)
 Graduate Studies Committee (2013-2016)
 Clinical Alumni Survey (2017-2024)

Committee to Develop Protocol for Subject Payment (2008-2012)
 Clinical APA Accreditation Committee (2008-2011)
 Clinical Speakers/Colloquium Committee (2008)
 Clinical Program Curriculum Committee (2007- 2011)
 Clinical Website Committee (2007-2020)
 Planning Committee (2007- 2010)
 Behavioral Oncology Search Committee (2007-2010)
 Stress Search Committee (2007-2008)
 Clinical Search Committee (2007)
 Clinical Admissions Committee (2007)

University Committees:

IRB Committee (2015-2016)
 Outside committee member for Theology Department Dissertation (2010)
 Outside committee member for English Department Dissertation (2007)

ND Undergraduate Club Advising:

University of Notre Dame “Aging with Grace” undergraduate club (2017-present)

Informal Advising:

Advisor for Students Applying to Clinical psychology PhD programs (2006- present)

Community:

TutorND Steering Committee; Families First interventions, assessment, and outreach

Clinical Experience

2004 – 2005	APA Accredited Clinical Internship	Milwaukee VA Medical Center
2003 – 2004	Pediatric Specialty Clinic - Neuropsychology	St. Mary’s Hospital
2001 – 2004	Psychology Research and Training Clinic	UW-Madison
2003	Comprehensive Sleep Disorders Center	University of Wisconsin Hospital
2002	Inpatient Psychiatric Unit	University of Wisconsin Hospital
2002	Psychiatric Outpatient Clinic	UW-Madison
2001	Center for Tobacco Research and Intervention	UW-Madison