

August 11, 2026

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Scott Morrison MONROE

Education

- Ph.D. State University of New York at Buffalo, 1979
Major: Clinical/Community Psychology (APA-Accredited)
- M.A. Southern Illinois University at Carbondale, 1975
Clinical Psychology (APA-Accredited); Minor Psychobiology
- B.A. Saint Olaf College, Mathematics and Psychology, 1972
Cambridge University, Cambridge, England (senior term abroad)

Appointments

- William K. Warren Foundation Professor of Psychology,
University of Notre Dame, 2006 – 2020; Emeritus 2020 –
- Professor of Psychology, University of Oregon, 1992 – 2005
- Visiting Professor, Department of Psychiatry, University of Geneva,
Geneva, Switzerland, 2003 (Sabbatical leave appointment)
- Associate Professor of Psychology, University of Oregon, 1989 – 92
- Associate Professor of Psychiatry (secondary appointment),
University of Pittsburgh, 1986 – 89
- Associate Professor of Psychology, University of Pittsburgh, 1985 – 89
- Assistant Professor of Psychology and Psychiatry,
University of Pittsburgh, 1979 – 85
- Clinical Psychology Intern, Department of Psychiatry and
Behavioral Sciences, University of Washington (APA-Accredited), 1977 – 78
- Instructor, State University of New York at Buffalo, 1975 – 76

Publications

Calentino, A. E., Harrison, T. J., Feltman, S. M., Perlman, G., Monroe, S. M., Kotov, R., Klein, D. N. (in press). Stressful life events and depression onset: A longitudinal investigation of depression course subtypes. *Journal of Psychopathology and Clinical Science*.

Monroe, S. M., & Harkness, K. L. (2023). Why recurrent depression should be reconceptualized and redefined. *Current Directions in Psychological Science*, 32(3), 204-211. <https://doi.org/10.1016/j.cpr.2021.102111>

Monroe, S. M., & Harkness, K. L. (2022). Major depression and its recurrences: Life course matters. *Annual Review of Clinical Psychology*, 18, 329-57. Palo Alto, CA: Annual Reviews.

Ormel, J., Hollon, S. D., Kessler, R. C., Cuijpers, P., & Monroe, S. M. (2022). More treatment but no less depression: The Treatment-Prevalence Paradox. *Clinical Psychology Review*, 91, 102111.

Monroe, S. M., Harkness, K. L., & Anderson, S. F. (2019). Life stress and major depression: The mysteries of recurrences. *Psychological Review*, 126, 791-816.

Monroe, S. M., & Slavich, G. M. (2019). Major life events: A review of conceptual, definitional, measurement issues, and practices. To appear in K. L. Harkness & E. P. Hayden (Eds.), *The Oxford Handbook of Stress and Mental Health*. New York: Oxford University Press.

Monroe, S. M., & Cummins, L. F. (2017). Environmental risk and protective factors – unipolar disorder. In R. J. DeRubeis, & D. R. Strunk, *The Oxford Handbook of Mood Disorders*. New York: Oxford University Press.

Harkness, K. L., & Monroe, S. M. (2016). The assessment and measurement of adult life stress: Basic premises, operational principles, and design requirements. *Journal of Abnormal Psychology*, 125, 727-745.

Monroe, S. M., & Slavich, G. M. (2016). Psychological stressors: Overview. In G. Fink (Ed.), *Stress Concepts and Cognition, Emotion, and Behavior* (Volume 1), *Handbook of Stress Series*. Amsterdam: Elsevier.

Anderson, S. F., Monroe, S. M., Rohde, P., & Lewinsohn, P. M. (2016). Questioning kindling: An analysis of cycle acceleration in unipolar depression. *Clinical Psychological Science*, 4, 229-238.

Publications (continued)

Monroe, S.M., & Anderson, S. F. (2015). Depression: The shroud of heterogeneity. *Current Directions in Psychological Science*, 24, 227-231.

Dick, D.M., Agrawal, A., Keller, M.C., Adkins, A., Fazil, A., Monroe, S.M., Hewitt, J.K., Kendler, K.S., & Sher, K.J. (2015). Candidate gene-environment interaction research: Reflections and recommendations. *Perspectives on Psychological Science*, 10, 37-59.

Monroe, S. M. and Yoder, A. S. (2015). Measurement of stressful life events. In R. L. Cautin & S. O. Lilienfeld (eds.), *The Encyclopedia of Clinical Psychology* (1-6). Hoboken, NJ: Wiley-Blackwell.

Monroe, S. M., & Cummins, L. F. (2015). Diathesis-stress models. In R. Cautin & S. Lilienfeld, *The Encyclopedia of Clinical Psychology* (1-6). Hoboken, NJ: Wiley-Blackwell.

Monroe, S. M., & Cummins, L. F. (2015). Stress: Psychological perspectives. In J. D. Wright (Ed.), *International Encyclopedia of the Social and Behavioral Sciences* (2nd Edition). Oxford, England: Elsevier, Ltd.

Monroe, S. M., Slavich, G. M., & Georgiades, K. (2014). The social environment and depression: The roles of life stress (pp. 296-314). In I. H. Gotlib & C. L. Hammen, *Handbook of depression* (3rd Edition). New York, NY: Guilford Press.

Monroe, S. M., Slavich, G. M., & Gotlib, I. H. (2014). Familial history for depression and stressful life events in the lifetime course of major depression. *Journal of Psychiatric Research*, 49, 90-95.

Monroe, S. M., & Harkness, K. L. (2012). Is depression a chronic mental illness? *Psychological Medicine*, 42, 899-902.

Slavich, G. M., Monroe, S. M., & Gotlib, I. H. (2011). Selective sensitization to interpersonal loss in major depression. *Journal of Psychiatric Research*, 45, 1146-1152.

Monroe, S. M., & Harkness, K. L. (2011). Recurrence in major depression: A conceptual analysis. *Psychological Review*, 118, 655-674.

Publications (continued)

Harkness, K. L., Tabari, N., Monroe, S. M., Slavich, G. M., Gotlib, I. H., Bagby, R. M. (2010). Sex differences in life events prior to onset of major depressive disorder: The moderating effect of age. *Journal of Abnormal Psychology, 119*, 791-803.

Monroe, S. M. (2010). Recurrence in major depression: Assessing risk indicators in the context of risk estimates. In C. S. Richards, & M. G. Perri (Eds.), *Relapse prevention for depression* (pp. 27-49). Washington, D. C.: American Psychological Association.

Slavich, G. M., Thornton, T., Torres, L., Monroe, S. M., & Gotlib, I. H. (2009). Targeted rejection predicts hastened onset of major depressive disorder. *Journal of Social and Clinical Psychology, 28*, 223-243.

Monroe, S. M., Slavich, G. M., & Georgiades, K. (2009). The social environment and life stress in depression (pp. 340-360). In I. H. Gotlib & C. L. Hammen, *Handbook of depression (2nd Edition)*. New York, NY: Guilford Press.

Muscattell, K. A., Slavich, G. M., Monroe, S. M., Gotlib, I. H. (2009). Stressful life events, chronic difficulties, and the symptoms of clinical depression. *Journal of Nervous and Mental Disease, 197*, 154-160.

Monroe, S.M., & Reid, M. W. (2009). Life stress and major depression. *Current Directions in Psychological Science, 18*, 68-72.

Monroe, S. M. (2008). Modern approaches to conceptualizing and measuring life stress. *Annual Review of Clinical Psychology, 4*, 33-52. Palo Alto, CA: Annual Reviews.

Monroe, S. M., & Reid, M. W. (2008). Gene-environment interactions in depression: Genetic polymorphisms and life stress polyprocedures. *Psychological Science, 19*, 947-956.

Monroe, S. M., & Mineka, S. (2008). Placing the mnemonic model in context: Diagnostic, theoretical, and clinical considerations. *Psychological Review, 115*, 1084-1098.

Monroe, S. M., & Slavich, G. M. (2007). Psychological stressors: Overview. In G. Fink (Ed.), *Encyclopedia of Stress, 2nd Edition* (pp. 278-284). New York, NY: Academic Press.

Publications (continued)

Monroe, S. M., Slavich, G. M., Torres, L. D., & Gotlib, I. H. (2007). Major life events and major chronic difficulties are differentially associated with history of major depressive episodes. *Journal of Abnormal Psychology, 116*, 116-124.

Monroe, S. M., Slavich, G., Torres, L.D., & Gotlib, I. H. (2007). Severe life events predict specific patterns of change in cognitive biases in major depression. *Psychological Medicine, 37*, 863-871.

Monroe, S. M., Torres, L.D., Guillaumot, J., Harkness, K. L., Roberts, J. E., Frank, E., & Kupfer, D. J. (2006). Life stress and the long-term treatment course of recurrent depression. III. Nonsevere life events predict recurrence of depression for medicated patients over 3 years. *Journal of Consulting and Clinical Psychology, 74*, 112-120.

Georgiades, K., Lewinsohn, P., Monroe, S., & Seeley, J. (2006). Sub-threshold symptoms as risk factors for the onset of major depressive disorder in adolescence. *Journal of the Academy of Child and Adolescent Psychiatry, 45*, 936-944.

Harkness, K. L., & Monroe, S. M. (2006). Severe melancholic depression is more vulnerable than non-melancholic depression to minor precipitating life events. *Journal of Affective Disorders, 91*, 257-263.

Monroe, S. M., & Harkness, K. L. (2005). Life stress, the 'kindling' hypothesis, and the recurrence of depression: Considerations from a life stress perspective. *Psychological Review, 112*, 417-445.

Monroe, S. M. (2004). Review of M. J. Horowitz, "Treatment of stress response syndromes." *Journal of Nervous and Mental Disease, 192*, 80-81.

Harkness, K. L., & Monroe, S. M. (2003). "Childhood adversity and the endogenous versus non-endogenous distinction in depression": Reply. *American Journal of Psychiatry, 160*, 1188-1189.

Harkness, K. L., & Monroe, S. M. (2002). Childhood adversity and the endogenous versus non-endogenous distinction in depression. *American Journal of Psychiatry, 159*, 387-393.

Quiring, J. M., Monroe, S. M., Simons, A. D., & Thase, M. E. (2002). Does early intervention increase latency to relapse in major depressive disorder? A re-evaluation with cognitive behavior therapy. *Journal of Affective Disorders, 70*, 155-163.

Publications (continued)

Monroe, S. M., Hadjiyannakis, K. (2002). The social environment and depression: Focusing on severe life stress (pp. 314-340). In I. H. Gotlib & C. L. Hammen, *Handbook of depression*. New York, NY: Guilford Press.

Monroe, S. M., Harkness, K. L., Simons, A. D., & Thase, M. E. (2001). Life Stress and the symptoms of major depression. *Journal of Nervous and Mental Disease*, 189, 168-175.

Monroe, S. M. (2001). Psychological perspectives on stress (pp. 15198-15201). N. J. Smelser & P. B. Baltes (eds.), *International Encyclopedia of the Social & Behavioral Sciences*. Oxford, England: Elsevier Science Ltd.

Monroe, S. M. (2000). Psychological stressors: Overview. In G. Fink (Ed.), *Encyclopedia of Stress* (pp. 287-294). New York: Academic Press.

McQuaid, J. R., Monroe, S. M., Kupfer, D. J., & Frank, E. (2000). Toward the standardization of life stress measurement: A comparison of two systems. *Journal of Abnormal Psychology*, 109, 787-791.

Roberts, J. E., & Monroe, S. M. (1999). Vulnerable self-esteem and social processes in depression: Toward an interpersonal model of self-esteem regulation. In T. Joiner & J. Coyne (Eds.), *Recent advances in interpersonal approaches to depression* (pp. 149-187). Washington, D.C.: American Psychological Association.

Harkness, K. L., Monroe, S. M., Simons, A. D., & Thase, M. E. (1999). Stress generation in recurrent and nonrecurrent major depression. *Psychological Medicine*, 29, 135-144.

Monroe, S. M., Rohde, P., Seeley, J. R., & Lewinsohn, P. M. (1999). Life events and depression in adolescence: Relationship loss as a prospective risk factor for first-onset of major depressive disorder. *Journal of Abnormal Psychology*, 108, 606-614.

Spangler, D. L., Simons, A. D., Monroe, S. M., & Thase, M. E. (1997). Comparison of cognitive models of depression: Relationships between cognitive constructs and cognitive diathesis-stress match. *Journal of Abnormal Psychology*, 106, 395-403.

Spangler, D. L., Simons, A. D., Monroe, S. M., & Thase, M. E. (1997). Response to cognitive-behavioral therapy in depression: Effects of pre-treatment cognitive dysfunction and life stress. *Journal of Consulting and Clinical Psychology*, 65, 568-575.

Publications (continued)

Monroe, S. M. (1996). Yes and no? Review of C. Mazure (Ed.), Does stress cause psychiatric illness? *Contemporary Psychology*, 41, 665-666

Monroe, S. M., Roberts, J. E., Kupfer, D. J., & Frank, E. (1996). Life stress and treatment course of recurrent depression. II. Post-recovery associations with attrition, symptom course, and recurrence over 3 years. *Journal of Abnormal Psychology*, 105, 313-328.

Spangler, D., Simons, A. D., Monroe, S. M., & Thase, M. E. (1996). Gender differences in cognitive diathesis-stress match: Implications for differential pathways to depression. *Journal of Abnormal Psychology*, 105, 653-657.

Simons, A. D., Gordon, J. S., Monroe, S. M., & Thase, M. E. (1995). Toward an integration of psychologic, social, and biologic factors in depression: Effects on outcome and course of cognitive therapy. *Journal of Consulting and Clinical Psychology*, 63, 369-377.

Monroe, S. M., & Kelley, J. M. (1995). Stress appraisal. In S. Cohen, R. Kessler, & L. U. Gordon (Eds.), *Measuring stress: A guide for health and social scientists* (pp. 122-147). New York, NY: Oxford University Press.

Monroe, S. M., & McQuaid, J. R. (1994). Measuring life stress and assessing its impact on mental health. In W. R. Avison & I. H. Gotlib (Eds.), *Stress and mental health: Contemporary issues and prospects for the future* (pp. 43-73). New York: Plenum.

Roberts, J. E., & Monroe, S. M. (1994). A multidimensional model of self-esteem in depression. *Clinical Psychology Review*, 14, 161-181.

Johnson, S. L., Monroe, S. M., Simons, A. D., & Thase, M. E. (1994). Clinical characteristics associated with interpersonal depression: symptoms, course and treatment response. *Journal of Affective Disorders*, 31, 97-109.

Wade, S. L., Monroe, S. M., & Michelson, L. (1993). Chronic life stress and treatment outcome in agoraphobia with panic attacks. *American Journal of Psychiatry*, 150, 1491-1495.

Spangler, D., Simons, A. D., Monroe, S. M., & Thase, M. E. (1993). Evaluating the hopelessness model of depression: Diathesis-stress and symptom components. *Journal of Abnormal Psychology*, 102, 592-600.

Publications (continued)

Simons, A. D., Angell, K. A., Monroe, S. M., & Thase, M. E. (1993). Cognition and life stress in depression: Cognitive factors and the definition, rating, and generation of negative life events. *Journal of Abnormal Psychology, 102*, 584-591.

Monroe, S. M., & Johnson, S. L. (1992). Social support, depression, and other mental disorders: In retrospect and toward future prospects. In H. O. Veiel & U. Baumann (Eds.), *The meaning and measurement of social support* (pp. 93-105). New York: Hemisphere.

McQuaid, J. R., Monroe, S. M., Roberts, J. R., Johnson, S. L., Garamoni, G. L., Kupfer, D. J., & Frank, E. (1992). Toward the standardization of life stress measurement: Definitional discrepancies and inconsistencies in methods. *Stress Medicine, 8*, 47-56.

Roberts, J. R., & Monroe, S. M. (1992). Vulnerable self-esteem and depressive symptoms: Prospective findings comparing three alternative conceptualizations. *Journal of Personality and Social Psychology, 62*, 804-812.

Monroe, S. M., Kupfer, D. J., & Frank, E. (1992). Life stress and treatment course of recurrent depression. I. Response during index episode. *Journal of Consulting and Clinical Psychology, 60*, 718-724.

Monroe, S. M., Thase, M. E., & Simons, A. D. (1992). Social factors and the psychobiology of depression: Relations between life stress and rapid eye movement sleep latency. *Journal of Abnormal Psychology, 101*, 528-537.

Monroe, S. M., & Depue, R. A. (1991). Life stress and depression. In J. Becker & A. Kleinman (Eds.), *Psychosocial aspects of depression* (pp. 101-130). New York: Erlbaum.

Monroe, S. M., Simons, A. D., & Thase, M. E. (1991). Onset of depression and time to treatment entry: The roles of life stress. *Journal of Consulting and Clinical Psychology, 59*, 566-573.

Monroe, S. M., & Roberts, J. R. (1991). Psychopathology research. In M. Hersen, A. E. Kazdin, & A. S. Bellack (Eds.), *The clinical psychology handbook* (pp. 276-292) (2nd Edition). New York: Pergamon Press.

Publications (continued)

Monroe, S. M., & Simons, A. D. (1991). Diathesis-stress theories in the context of life stress research: Implications for the depressive disorders. *Psychological Bulletin*, 110, 406-425.

Monroe, S. M., & Roberts, J. R. (1990). Conceptualizing and measuring life stress: Problems, principles, procedures, progress. *Stress Medicine*, 6, 209-216.

Monroe, S. M. (1990). Psychosocial factors in anxiety and depression. In J. Maser & R. Cloninger (Eds.), *Symptom comorbidity in anxiety and mood disorders* (pp. 463-497). Washington, D.C.: American Psychiatric Press.

Monroe, S. M., & Johnson, S. (1990). The dimensions of life stress and the specificity of disorder. *Journal of Applied Social Psychology*, 20, 1678-1694.

Monroe, S. M. (1990). Outcome: Of course unpredictable. Review of T. Helgason & R. J. Daly (Eds.), *Depressive illness: Prediction of course and outcome*. *Contemporary Psychology*, 35, 281-282.

Monroe, S. M. (1989). Stress and social support: Assessment issues. In N. Schneiderman, S. Weiss, & P. Kaufmann, C. (Eds.), *Handbook of research methods in cardiovascular behavioral medicine* (pp. 511-526). New York: Plenum.

Manuck, S. B., Kasprowicz, A. L., Monroe, S. M., & Larkin, K. T. (1989). Psychophysiologic reactivity as a dimension of individual differences. In N. Schneiderman, S. Weiss, & P. Kaufmann, C. (Eds.), *Handbook of research methods in cardiovascular behavioral medicine* (pp. 365-382). New York: Plenum.

Monroe, S. M., & Peterman, A. M. (1988). Life stress and psychopathology. In L. H. Cohen (Ed.), *Research on stressful life events: Theoretical and methodological issues* (pp. 31-63). Newbury Park, California: Sage.

Monroe, S. M. (1988). Social factors in depression. *Current Opinion in Psychiatry*, 1, 165-170.

Monroe, S. M. (1988). The social environment and psychopathology. *Journal of Social and Personal Relationships*, 5, 347-366.

Monroe, S. M., & Wade, S. L. (1988). Life events and anxiety disorders. In M. Hersen & C. L. Last (Eds.), *Handbook of anxiety disorders* (pp. 293-305). New York: Pergamon.

Publications (continued)

Monroe, S. M. (1987). The multiple meanings of 'new.' Review of F. N. Watts, New developments in clinical psychology. *Clinical Psychology Review*, 7, 576-577.

Monroe, S. M. (1987). Essentially interesting. Review of J. C. Coyne (Ed.), Essential papers on depression. *Contemporary Psychology*, 32, 1021-1022.

Monroe, S. M., Bromet, E. J., Connell, M. M., & Steiner, S. C. (1986). Social support, life events, and depressive symptoms: A one-year prospective study. *Journal of Consulting and Clinical Psychology*, 54, 424-431.

Depue, R. A., & Monroe, S. M. (1986). Conceptualization and measurement of human disorder in life stress research: The problem of chronic disturbance. *Psychological Bulletin*, 99, 36-51.

Monroe, S. M., & Steiner, S. C. (1986). Social support and psychopathology: Interrelations with pre-existing disorder, stress, and personality. *Journal of Abnormal Psychology*, 95, 29-39.

Depue, R. A., & Monroe, S. M. (1985). Life stress and human disorder: Conceptualization and measurement of the disordered group. In I. G. Sarason & B. R. Sarason (Eds.), *Social support: Theory, research and applications* (pp. 303-320). Boston: Martinus Nijhoff Publishers.

Monroe, S. M., Thase, M. E., Hersen, M., Bellack, A. S., & Himmelhoch, J. M. (1985). Life events and the endogenous-nonendogenous distinction in the treatment and posttreatment course of depression. *Comprehensive Psychiatry*, 26, 175-186.

Depue, R. A., & Monroe, S. M. (1983). Psychopathology research. In M. Hersen, A. E. Kazdin, & A. S. Bellack (Eds.), *The clinical psychology handbook* (pp. 239-264). New York: Pergamon Press.

Monroe, S. M., Imhoff, D. F., Wise, B. D., & Harris, J. E. (1983). Prediction of psychological symptoms under high-risk psychosocial circumstances: Life events, social support, and symptom specificity. *Journal of Abnormal Psychology*, 92, 338-350.

Monroe, S. M. (1983). Social support and disorder: Toward an untangling of cause and effect. *American Journal of Community Psychology*, 11, 81-97.

Publications (continued)

Monroe, S. M., Bellack, A. S., Hersen, M., & Himmelhoch, J. M. (1983). Life events, symptom course, and treatment outcome in unipolar depressed women. *Journal of Consulting and Clinical Psychology*, 51, 604-615.

Monroe, S. M. (1983). Major and minor life events as predictors of psychological distress: Further issues and findings. *Journal of Behavioral Medicine*, 6, 189-205.

Monroe, S. M. (1982). Life events and disorder: Event-symptom associations and the course of disorder. *Journal of Abnormal Psychology*, 91, 14-24.

Monroe, S. M. (1982). Assessment of life events: Retrospective versus concurrent strategies. *Archives of General Psychiatry*, 39, 606-610.

Monroe, S. M. (1982). Life events assessment: Current practices, emerging trends. *Clinical Psychology Review*, 2, 435-452.

Depue, R. A., & Monroe, S. M. (1979). Unipolar-bipolar distinction in the depressive disorders: Implications for the effects of stress. In R. A. Depue (Ed.), *The psychobiology of the depressive disorders: Implications for the effects of stress* (pp. 23-53). New York: Academic Press.

Depue, R. A., Monroe, S. M., & Shackman, S. L. (1979). The psychobiology of human disease: Implications for conceptualizing the depressive disorders. In R. A. Depue (Ed.), *The psychobiology of the depressive disorders: Implications for the effects of stress* (pp. 3-20). New York: Academic Press.

Depue, R. A., & Monroe, S. M. (1978). The unipolar-bipolar distinction in the depressive disorders. *Psychological Bulletin*, 85, 1001-1029.

Depue, R. A., & Monroe, S. M. (1978). Learned helplessness in the perspective of the depressive disorders: Conceptual and definitional issues. *Journal of Abnormal Psychology*, 87, 3-20.

Schill, T., Monroe, S., Evans, R., & Ramanaiah, N. (1978). The effects of self-verbalization on performance: A test of the rational-emotive position. *Psychotherapy: Theory, Research, and Practice*, 15, 2-7.

Evans, R. G., Schill, T., & Monroe, S. (1978). The relationship between guilt and quality of drug experience. *Journal of Clinical Psychology*, 34, 999-1000.

Publications (continued)

Schill, T., Evans, R., Monroe, S., & Drain, D. (1975). Effects of approval or disapproval on reading behavior of high- and low-guilt subjects. *Journal of Consulting and Clinical Psychology*, 43, 104.

Publications (in preparation)

Monroe, S. M., Anderson, S., Rohde, P., Harkness, K. L., & Lewinsohn, P. M. Life course trajectories of highly recurrent depression.

Monroe, S. M. Reconciling depression in the community and in the clinic: A tale of two typologies?

Colloquia, symposia, paper, poster presentations

Presented or co-authored dozens of colloquia, paper or poster presentations throughout the United States, Canada, and Europe.

Service promotion reviews

Provided numerous reviews for Psychology and Psychiatry Departments evaluating candidates for promotion to Associate Professor (with tenure), Full Professor, and Endowed Professor status. Provided many reviews for highly established clinical scientists nominated for prestigious national and international awards.

Associate Editorships

Psychological Bulletin, 2000 – 02

Journal of Abnormal Psychology, 1991 – 93

Editorial Boards

Journal of Abnormal Psychology, 1986 – 91, 1994 – 2022

Renamed *Journal of Psychopathology and Clinical Science*, 2023 –

[40 years of continuous service \(including Associate Editorship\)](#)

Journal of Consulting and Clinical Psychology, 1985 – 90

Journal of Personality and Social Psychology, 1987 – 88

Psychological Bulletin, 1996 – 2000

Psychological Medicine, 2006 –

Psychological Review, 2004 – 2021

[17 years of continuous editorial service](#)

Ad Hoc Editorial Consultant

American Journal of Community Psychology

American Journal of Psychiatry

American Psychological Association Press

Anxiety, Stress, and Coping

Australasian Psychiatry

Behavioral Assessment

Behavior Modification

Brooks/Cole Publishing Company

Clinical Psychological Science

Clinical Psychology Review

Cognition and Emotion

Cognitive Therapy and Research

Contemporary Psychology

Current Directions in Psychological Science

Depression & Anxiety

Developmental Psychology

Health Psychology

JAMA Psychiatry

Johns Hopkins University Press

Journal of Affective Disorders Reports

Journal of Anxiety Disorders

Journal of Behavioral Medicine

Archives of General Psychiatry

Journal of Abnormal Psychology

J of Consulting & Clinical Psych

J of Experimental Psych: General

J of Nervous & Mental Disease I

J of Personality & Social Psych

Journal of Research in Personality

Psychiatry Research

Psychological Assessment

Psychological Bulletin

Psychological Review

Psychological Review

Psychological Review

Psychopathology

Social Psychiatry & Psychiatric

Epidemiology

Social Science & Medicine

Major Support, Honors, Addresses

National Institute of Mental Health New Investigator Research Award (NIRA), MH 39139: “Life events and recurrent depressive disorder,” 1984 – 87 (Primary Investigator)

RO1 renewal of NIRA project, MH 39139: “Life events and recurrent depressive disorder,” 1987 – 91 (Primary Investigator)

Beverly Professor, Department of Psychiatry, Clarke Institute of Psychiatry, Toronto (shared with Anne Simons, Ph.D.) June, 1993

Invited Address, “Life Stress and Depression”; Annual Meeting of the Society for Research in Psychopathology, November, 1994

National Institute of Mental Health, “Life Stress and Cognitive Biases in Major Depression.” RO1 MH60802 (Primary Investigator), 2001 – 06

President-Elect, President, Past-President, Society for Research in Psychopathology, 2006 – 09

Invited Address,, “Onset and Recurrence of Major Depression: Considerations from a Life Stress Perspective,” University of Pittsburgh Department of Psychology Centennial Colloquium Series, Pittsburgh, Pennsylvania 2005

Presidential, Address, “The Onset of Major Depression: Breaking Through the Logjam of Life Stress,” Society for Research in Psychopathology, 2008

Selection Committee, American Psychological Association Distinguished Scientific Award for Early Career Contribution to Psychology (Psychopathology), 2010, 2019

Committee on Scientific Awards, Board of Scientific Affairs, American Psychological Association, 2013 - 15 (Chair 2015)

One of 6 members reviewing and selecting recipients of the Distinguished Scientific Contribution Award, Distinguished Scientific Award for the Applications of Psychology, and Distinguished Scientific Award for Early Career Contribution to Psychology.

Major Support, Honors, Addresses (continued)

James McKeen Cattell Sabbatical Fellowship, 2014 – 15

Regrettably declined to accept the John Simon Guggenheim Fellowship

John Simon Guggenheim Fellowship, 2014 – 15

“One of the nation’s most prestigious fellowships, the 177 Guggenheim awardees were selected from almost 3,000 applicants, representing a diverse group of scholars, artists and scientists ‘on the basis of prior achievement and exceptional promise.’ ”

Society for Research in Psychopathology John Neale Mentorship Award, 2015

“The Mentor Award was created to recognize an exceptional scholar in the field of psychopathology who has throughout his/her career demonstrated continuous dedication to mentoring students, post-docs, and faculty in the field.”

Society for Research in Psychopathology Joseph Zubin Annual Lifetime Achievement Award, 2024

The Society’s highest honor, awarded annually, this year “for lifetime contributions to the theoretical understanding of psychopathology.”

Grant Reviews and Consultations

National Institute of Mental Health, Biobehavioral and Behavioral Processes 5, Adult Psychopathology and Disorders of Aging (2001– 06), Standing Member

NIH Translational Research Center

National Science Foundation

The Netherlands Organisation for Health Research and Development (ZonMw), external reviewer (2013)

Department of Veterans Affairs, Office of Research & Development (2013, 2014)

The Wellcome Trust, UK (2014)

National Institutes of Health, “Notre Dame Study of Health and Well-being.”
2 R01 AG02357-06 (Co-investigator; Cindy Bergeman, PI.), 2011 – 16

Other Professional Service

Society for Research in Psychopathology, John Neale Mentorship Award Committee
Committee Chair (2021), Committee Member (2022, 2025)

Society for Research in Psychopathology, Planning Committee (2024)

American Psychological Association: Served on several APA Accreditation Site Visit
Committees

Graduate Student Mentorship

Approximately 24 doctoral students, many of whom have gone on to distinguished
careers at major research universities in the United States and Canada (e.g., University
of Buffalo, University of Cincinnati, University of Miami, Harvard University,
McMaster University, Queens University, UC Berkeley, UCLA, UC San Francisco,
UC San Diego), as well as distinguished careers in other academic and clinical
settings.

Served on many, many masters and doctoral committees.

(Please note above, “Society for Research in Psychopathology John Neale
Mentorship Award, 2015.”)

Teaching Experience

University of Notre Dame, Department of Psychology (2006 – 2020):
Undergraduate: Stress, Distress, and Disease; Abnormal Psychology
Graduate: Psychopathology (2006 – 2011, 2018 – 2020)

University of Oregon, Department of Psychology (1989 – 2005):
Undergraduate: Psychopathology; Research Methods
Graduate: Psychopathology; Depressive Disorders; Life Stress, Distress, and Disease

University of Pittsburgh, Department of Psychology (1979 – 89):
Undergraduate: Abnormal Psychology (regular and honors sections); Introduction to
Clinical Psychology
Graduate: Biological Approaches in Clinical Psychology; Stress and Disorder;
Depressive Disorders

Teaching Experience (continued)

State University of New York at Buffalo, Department of Psychology (1975 – 76):
Undergraduate: Instructor, Abnormal Psychology
Graduate: Guest lectures on Psychopathology

Administrative Experience

University of Notre Dame, Department of Psychology:
Director of Clinical Training Program (2011 – 14)
Director of Counseling Training Program (2011 – 12)

Co-Director Counseling (2007 – 11) and Clinical Psychology (2009 – 11) Training Programs
Psychology Department Committee on Appointments & Promotions (2007 – 14)
Provost's Vice President for Research Search Committee (2007)
Academic Council (2007 – 10)
College Council (2007 – 10)

University of Oregon, Department of Psychology:
Director of Clinical Training Program (1990 – 97; 2001 – 03; 2005)
Executive Committee Member (1990 – 92; 1993 – 95; 1997 – 99; 2005)
Chairperson: Graduate Admissions (1995); Clinical Admissions (1989, 1994, 2005)
Faculty Search Committee (1991, 1993, 1996)

University of Pittsburgh, Department of Psychology:
Executive Committee Member (1985 – 86, 1987 – 88)
Chairperson: Clinical Admissions Committee (1979 – 84)
Chairperson: Faculty Search Committee (1986 – 88)

University of Pittsburgh, School of Medicine:
Chair (1987 – 1988), Member (1986 – 89), Seed Monies Review Committee,
Mental Health Clinical Research Center for Affective Disorders,
Western Psychiatric Institute and Clinic

University of Pittsburgh, Medicine, Psychiatry, & Psychology, 1982 – 89:
Steering Committee for Interdisciplinary Training Program (pre- and postdoctoral) in
Cardiovascular Behavioral Medicine

Executive Board, Society for Research in Psychopathology, 1995 – 98; 2002 – 05
Program Chair, Annual Meeting, 1996

Administrative Experience (continued)

Academy of Psychological Clinical Science
Representative, University of Oregon, 1996 – 2005
Chair, Committee on Issues and Policy, 1996
Executive Committee, Member-at-Large, 2001 – 03

Clinical Experience

University of Oregon, Department of Psychology, Psychology Clinic
Psychotherapy consultation; Clinical assessment training in life stress, 1989 – 2005

University of Pittsburgh, Department of Psychology, Clinical Psychology Center
Psychotherapy supervision and consultation, 1979 – 89

Department of Psychiatry and Behavioral Sciences, School of Medicine,
University of Washington, Seattle, WA (APA-Approved Internship), 1977 – 78:
Psychotherapy: Individual, child, and family
Assessment: Neuropsychological, intellectual, MMPI, operant pain analyses

Patient Populations: Adult outpatient, acute psychotic inpatient, child and family
outpatient, medical inpatient, Rehabilitation Medicine and operant pain programs

Teaching Interests

Socio-environmental and psychobiological approaches to psychopathology; abnormal
psychology; mood disorders; research methods; life stress, health, and well-being

Clinical Interests

Cognitive-behavior therapy; affective disorders; stress and psychopathology; stress
and physical illness

Professional Societies

American Psychological Association:
Clinical Psychology (Division 12)

Association for Psychological Science (Fellow)

Society for Research in Psychopathology

Personal Interests

Family. Hiking, basketball, tennis; travel and photography.